

This product has been developed, manufactured and packaged by Vitamin World. Our world-class facilities allow us to control exactly what goes into each product. It is your assurance that you are getting the highest quality and freshest products. **You have our guarantee!**



No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast. Sodium Free.

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**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. # **4945**

[www.vitaminworld.com](http://www.vitaminworld.com)  
1-800-228-4533

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# DIETERS' FORMULA CHITOSAN 500 mg

Natural  
Marine Fiber

120  
Coated Caplets  
dietary fiber supplement

**DIRECTIONS:** For adults, take two (2) caplets three times daily, 30-60 minutes before breakfast, lunch and dinner with 8 ounces of water.

## Supplement Facts

Serving Size 2 Caplets

Servings Per Container 60

Amount Per Serving

%Daily Value

Total Carbohydrate

1 g  
<1%\*\*

Dietary Fiber

1 g  
4%\*\*

Calcium

200 mg  
20%

Phosphorus

155 mg  
16%

Chitosan

1,000 mg (1 g)  
\*\*\*

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Other Ingredients:** Dicalcium Phosphate, Vegetable Cellulose, Hypromellose, Vegetable Stearic Acid, Silica, Vegetable Magnesium Stearate.

Contains shellfish (crab) ingredients.

Chitosan is a dietary fiber, derived from crustacean shells. Fiber promotes a feeling of fullness, and Chitosan contributes to daily fiber intake.\* Use this product as an addition to your reduced-calorie diet and daily exercise program. It is important to drink at least 6-8 cups of water daily when increasing your fiber intake.