

Stress-Relax® Natural Berry Drink Mix is an easy-to-absorb source of magnesium that helps restore normal levels of magnesium and balance calcium intake. Magnesium is essential to the proper functioning of many of the body's systems such as helping to metabolize carbohydrates, fats and proteins, and maintenance of healthy bones and teeth.* In addition, it supports proper muscle function, relieves stress and promotes overall relaxation and restful sleep.*

All Natural Factors products are manufactured in accordance with the Government of Canada's Good Manufacturing Practices (GMP), among the highest standards in the world.

* This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
1111-80th St. SW, Ste. 100
Everett WA, USA 98203

Purity & Potency
Guaranteed

LOT & EXPIRY
0.6875"x 0.4375"
Double Line



DIETARY SUPPLEMENT

Stress-Relax®

Magnesium Citrate Natural Berry Drink Mix

EASY TO ABSORB

NO ADDED SUGAR • GLUTEN & WHEAT FREE

RESTORE, BALANCE, RELAX*

8.8 oz (250 g) Powder

natural
Factors®

Supplement Facts

Serving Size 1 Scoop (3.3 g)

Servings Per Container approx. 75

	Amount Per Serving	% Daily Value
Pure High Grade Ionic Magnesium Citrate	300 mg	75%†
Stevia Leaf Powder	3 mg	**

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other ingredients: Natural berry flavor.

Suggested Usage: Add 1 scoop of powder to ½ cup of hot water, stirring well. Add an additional ½ cup of cold water or juice and drink once per day or as directed by a health professional. Keep out of reach of children.

Contains no artificial preservatives, colors or sweeteners; no dairy, soy, gluten, wheat or yeast. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.