



# Lecithin 1200 mg

A Dietary Supplement



**Douglas  
Laboratories®**

**250 Softgels**

## Supplement Facts

Serving Size 1 softgel  
Servings Per Container 250

Amount Per Serving		%DV†
Calories	11	
Calories from Fat	11	
Total Fat	1.2 g	2%
Saturated Fat	0 g	0%
Lecithin (from Soya)	1200 mg	*

\* Daily Value not established.

† Percent Daily Values are based on a  
2,000 calorie diet.

Other ingredients: Water and gelatin  
(capsule).

Manufactured for:  
**Douglas Laboratories**  
Pittsburgh, PA 15205  
[www.douglaslabs.com](http://www.douglaslabs.com)

This product contains NO yeast, wheat  
gluten, milk/dairy, corn, sodium, sugar,  
starch, artificial coloring, preservatives or  
flavoring.

### Suggested Usage:

As a dietary supplement, adults take 1  
softgel before lunch or as directed by  
physician.

**KEEP OUT OF REACH OF CHILDREN.**

For optimal storage conditions, store in a  
cool, dry place. (59°-77°F/15°-25°C) (35-  
65% relative humidity) Tamper resistant  
package, do not use if outer seal is missing.

Formula #7929

