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B VITAMINS HELP CONVERT FOOD INTO ENERGY - B vitamins are also necessary for normal functioning of the nervous system. Our Super B-Complex formula contains high levels of B Vitamins and Vitamin C.

Supplement Facts

Serving Size 1 tablet

BSITE

Amount Per Tablet 9	6 Daily Value
Vitamin C 150 mg	250%
Thiamin 100 mg	6,667%
Riboflavin 20 mg	1,176%
Niacin 25 mg	125%
Vitamin B6 2 mg	100%
Folic Acid 400 mcg	100%
Vitamin B12 15 mcg	250%
Biotin 30 mcg	10%
Pantothenic Acid 5.5 r	ng 55%

No Artificial Colors No Artificial Flavors No Preservatives No Chemical Solvents or Gluten

SUGGESTED USE: Take one tablet daily with a meal. Keep bottle tightly closed. Store in a cool. dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

INGREDIENTS: Dibasic Calcium Phosphate. Ascorbic Acid, Thiamin Mononitrate, Dried Yeasts, Cellulose Gel, Niacinamide, Riboflavin, Croscarmellose Sodium, Corn Starch, d-Calcium Pantothenate, Hydroxypropyl Methylcellulose, Magnesium Stearate, Pyridoxine Hydrochloride, Polyethylene Glycol, Folic Acid, Biotin, Cyanocobalamin.

Distributed by: Nature Made Nutritional Products Mission Hills, CA 91346-9606, U.S.A.

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