

HELPS NERVE AND MUSCLE FUNCTION - Magnesium is also essential in the formation of bones and teeth and in converting blood sugar into energy. No Artificial Colors • No Artificial Flavors • No Preservatives No Chemical Solvents, Yeast, Starch or Gluten

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Supplement Facts Serving Size 1 tablet

Amount Per Tablet % Daily Value Magnesium 250 mg

SUGGESTED USE: Take one tablet daily with a meal. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

INGREDIENTS: Magnesium Oxide, Cellulose Gel. Croscarmellose Sodium, Magnesium Stearate.

Distributed by:

Nature Made Nutritional Products Mission Hills, CA 91346-9606, U.S.A. 1-800-276-2878 • www.NatureMade.com

Magnesium tablets made to Nature Made's guaranteed purity and potency standards.

Valid only for U.S. and Puerto Rico residents.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.