

List No. 1675
L26AB
Cat. A372
5A007



MULTI 50+

Bone & Heart
Health†

Complete Multi Vitamin/Mineral
Supplement
NO IRON
100
PREMIUM TABLETS



Supplement Facts

Serving Size 1 tablet

Amount Per Tablet	% DV	Amount Per Tablet	% DV
Vitamin A 3,000 I.U.	60%	Iodine 150 mcg	100%
Vitamin C 120 mg	200%	Magnesium 100 mg	25%
Vitamin D 400 I.U.	100%	Zinc 15 mg	100%
Vitamin E 60 I.U.	200%	Selenium 50 mcg	71%
Vitamin K 10 mcg	13%	Copper 2 mg	100%
Thiamin 3 mg	200%	Manganese 2 mg	100%
Riboflavin 3.4 mg	200%	Chromium 120 mcg	100%
Niacin 20 mg	100%	Molybdenum 25 mcg	33%
Vitamin B6 4 mg	200%	Chloride 72 mg	2%
Folic Acid 400 mcg	100%	Potassium 80 mg	2%
Vitamin B12 25 mcg	417%	Boron 150 mcg	*
Biotin 30 mcg	10%	Nickel 5 mcg	*
Pantothenic Acid 10 mg	100%	Silicon 2 mg	*
Calcium 200 mg	20%	Tin 10 mcg	*
Phosphorus 48 mg	5%	Vanadium 10 mcg	*
		Lutein 250 mcg	*

*Daily Value (DV) not established.

No Artificial Colors • No Artificial Flavors • No Preservatives
No Chemical Solvents, Yeast or Gluten

SUGGESTED USE: For best results, take one tablet daily with a meal. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

INGREDIENTS: Calcium Carbonate, Dibasic Calcium Phosphate, Magnesium Oxide, Potassium Chloride, Niacinamide Ascorbate, Ascorbic Acid, dl-Alpha Tocopheryl Acetate, Cellulose Gel, Croscopovidone, Gelatin (Fish from one or more of the following: Cod, Pollock, Haddock, Hake, Cusk, Redfish, Sole, Flounder), Zinc Oxide, Hydroxypropyl Methylcellulose, d-Calcium Pantothenate, Magnesium Stearate, Kelp, Manganese Sulfate, Silicon Dioxide, Pyridoxine Hydrochloride, Corn Starch, Thiamin Mononitrate, Riboflavin, Copper Oxide, Vitamin A Acetate, Polyethylene Glycol, Sodium Borate, Chromium Chloride, Folic Acid, Lutein, Potassium Iodide, Sodium Selenate, Vitamin D3 (Cholecalciferol), Sodium Molybdate, Cyanocobalamin, Biotin, Sodium Metavanadate, Stannous Chloride, Phylloquinone, Nickelous Sulfate, Sodium Metasilicate.

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†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot:
Exp.: