

Vitamin World products are subject to critically stringent quality assurance analysis. Our state-of-the-art laboratory, manufacturing and packaging facilities insure the highest quality nutritional supplements money can buy.

Your health & safety are our first priority!

No Artificial Color or Flavor, **No** Preservatives, **No** Sugar, **No** Starch, **No** Milk, **No** Lactose, **No** Gluten, **No** Wheat, **No** Yeast, **No** Fish. Sodium Free.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

TO REORDER PROD. # **3802**
www.vitaminworld.com

1-800-228-4533

Carefully Manufactured by
Vitamin World, Inc.
Ronkonkoma, NY 11779 U.S.A.
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B3801 05E



VITAMIN WORLD
get healthy.

MEGA

B-150TM

Promotes Energy Metabolism*
Supports Heart Health*

100

Vegetarian Vitamin Supplement

COATED CAPLETS

DIRECTIONS: For adults, take one (1) caplet daily, preferably with a meal.

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	%Daily Value
Thiamin (Vitamin B-1) (as Thiamin Mononitrate) 150 mg	10,000%
Riboflavin (Vitamin B-2) 150 mg	8,824%
Niacin (as Niacinamide) 150 mg	750%
Vitamin B-6 (as Pyridoxine Hydrochloride) 100 mg	5,000%
Folic Acid 400 mcg	100%
Vitamin B-12 (as Cyanocobalamin) 150 mcg	2,500%
Biotin (as d-Biotin) 150 mcg	50%
Pantothenic Acid (as d-Calcium Pantothenate) 150 mg	1,500%
Choline Bitartrate 150 mg	**
PABA (Para-Aminobenzoic Acid) 150 mg	**
Inositol 150 mg	**
Proprietary Blend 7.5 mg	**
(Alfalfa (<i>Medicago sativa</i>) (leaf), Watercress (<i>Nasturtium officinale</i>) (aerial), Parsley (<i>Petroselinum crispum</i>) (aerial), Soy Lecithin, Rice Bran)	

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Dicalcium Phosphate, Mannitol, Calcium Silicate, Vegetable Magnesium Stearate, Vegetable Cellulose Coating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.