

SUPER DIURETIC FORMULA*

SUGGESTED USE:

Take 2 tablets in A.M. and 2 tablets in P.M. Drink a full 8 oz. glass of water with each dosage. Use for only 3 days consecutively. Take one day off, begin again. It's helpful to drink water throughout the day.

Before beginning any program of weight loss, consult your health care practitioner. Not to be used by women who are pregnant or nursing.

NO

WHEAT, YEAST, EGG, SOY,
STARCH, GLUTEN, LACTOSE,
SUGAR or ARTIFICIAL COLOR.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured Exclusively For: Absolute Nutrition
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Customer Service:

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SUPER DIURETIC FORMULA

Absolute
NUTRITION®

WATER SHED

Original Formula
POTASSIUM SPARING*

Dietary Supplement

60 TABLETS

SUPER DIURETIC FORMULA*

Supplement Facts

Serving size: 2 tablets Servings per container: 30
Amount per serving % Daily Value

Potassium (from potassium gluconate)	200 mg.	1%
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Proprietary Botanical blend	200 mg.	
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Cornsilk stylus		*
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Couchgrass rhizome		*
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Rose hips 4:1 extract		*
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Elecampane root		*
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Goldenrod herb (aerial parts)		*
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Celery seed 4:1 extract		*
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Dandelion root standardized extract 5:1 (20% taraxasterol)		*
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Uva Ursi 4:1 extract 250 mg.		*
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Parsley 4:1 extract 250 mg.		*
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* Daily value not established

Other ingredients: dicalcium phosphate, microcrystalline cellulose, croscarmellose sodium, stearic acid, silica, magnesium stearate and pharmaceutical glaze.