



Pro-Equalizer™

Protein Capsules

A Dietary Supplement



**Douglas
Laboratories®**

90 Capsules

Supplement Facts

Serving Size 2 capsules • Servings Per Container 45

Amount Per Serving	%Daily Value†
Protein	0.62 g 123%
Vitamin A (42% as Palmitate) (58% as Beta-Carotene)	129.69 IU 258% 999%
Vitamin C (as Ascorbic Acid)	6 mg 39%6
Vitamin D	1.5 IU 69%
Vitamin E (as d-alpha Tocopheryl Succinate)	2.01 mg 93%1
Vitamin K (as Phytonadione)	.75 mcg 200%
Thiamine (as Thiamine HCl)	.18 mg 882%
Riboflavin	.15 mg 480%
Niacin/Niacinamide	.96 mg 3000
Vitamin B-6 (as Pyridoxine HCl)	0.6 mg %
Folic Acid	4.5 mcg 114%
Vitamin B-12 (as Cyanocobalamin)	0.6 mcg 999%
Biotin	4.5 mcg 450%
Pantothenic Acid (as Calcium Pantothenate)	0.6 mg 600%
Calcium (from Calcium Ascorbate/Citrate Complex)	6 mg 60%
Iron (as Amino Acid Chelate)	.18 mg 99%3
Phosphorus (as Amino Acid Chelate)	3 mg 0%
Iodine	1.5 mcg 99%
Magnesium (from Magnesium Ascorbate/Aspartate Complex)	6 mg 150%
Zinc (from Zinc Aspartate Complex)	0.3 mg 201%
Selenium (as Amino Acid Chelate)	2.25 mcg 321%

Other ingredients: Brown rice protein concentrate hydrolyzed (digestibility 96%) and gelatin.

Amount Per Serving	%Daily Value†
Copper (as Amino Acid Chelate)	0.05 mg 225%
Manganese (as Manganese Aspartate Complex)	.15 mg 750%
Chromium (as Amino Acid Chelate)	2.25 mcg 189%
Molybdenum (as Amino Acid Chelate)	1.5 mcg 201%
Potassium (from Potassium Aspartate Complex)	2.97 mg 6%
Choline (from 50 mg Choline Bitartrate)	.71 mg *
Inositol	.75 mg *
PABA (para-Aminobenzoic Acid)	.24 mg *
Vanadium (as Amino Acid Chelate)	1.5 mcg *
Boron (from Citrate/Aspartate Complex)	1.5 mcg *
Lecithin (Soya)	75 mg *
Supplying approximately:	
Phosphatidylcholine	18.75 mg *
Phosphatidylethanolamine	15 mg *
Phosphatidylinositol	9.45 mg *
Proprietary Base Blend	120 mg *
Guar Gum, Carrageenan Gum, Gamma Lino- lenic Acid, Lemon Bioflavonoids, Trace Elements (Sea Vegetation), Betaine HCl, Black Currant Powder (seed), Bromelain, Siberian Ginseng (root), L-Carnitine, Gamma-Oryzanol, Octacosanol, Inosine and Coenzyme Q-10.	

Amount Per Serving	%Daily Value†
Amino Acid Profile:	
Alanine	29.7 mg *
Arginine	53.73 mg *
Aspartic Acid	49.59 mg *
Cystine	20.25 mg *
Glutamic Acid	124.14 mg *
Glycine	21.96 mg *
Histidine	8.91 mg *
Isoleucine	30.27 mg *
Leucine	49.59 mg *
Lysine	59.4 mg *
Methionine	14.55 mg *
Phenylalanine	37.41 mg *
Proline	21.96 mg *
Serine	29.7 mg *
Taurine	7.5 mg *
Threonine	22.56 mg *
Tryptophan	7.74 mg *
(naturally occurring)	
Tyrosine	33.24 mg *
Valine	38.01 mg *

†Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Manufactured by:
Douglas Laboratories
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This product contains NO yeast, wheat gluten, milk/dairy, corn, sugar, starch, artificial coloring, preservatives or flavoring.
Suggested Usage:
As a dietary supplement, adults take 2 capsules 3 times daily or as directed by physician.

WARNING: This product contains Vitamin K which interferes with the prescription drugs Coumadin® and Warfarin. If you are taking these or similar prescription drugs, consult your healthcare professional before using this product.

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Phenylketonurics:
contains Phenylalanine.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/
15°-25°C) (35-65% relative humidity)
Tamper resistant package, do not use if outer seal is missing.

Formula #7592

