

List No. 1499
L21AA
Cat. A475
5A007



MULTI Prenatal

High Folic Acid,
Iron & Zinc

Complete Multi Vitamin/Mineral
Supplement

For Pregnant & Lactating Women

90

PREMIUM TABLETS



Supplement Facts

Serving Size 1 tablet

Amount Per Tablet	% Daily Value for Pregnant and Lactating Women
Vitamin A 4,000 I.U.	50%
Vitamin C 100 mg	167%
Vitamin D 400 I.U.	100%
Vitamin E 11 I.U.	37%
Thiamin 1.5 mg	88%
Riboflavin 1.7 mg	85%
Niacin 18 mg	90%
Vitamin B6 2.6 mg	104%
Folic Acid 800 mcg	100%
Vitamin B12 4 mcg	50%
Calcium 200 mg	15%
Iron 27 mg	150%
Zinc 25 mg	167%

Oil- and Water-soluble Vitamins with Minerals Tablets USP
USP has tested and verified ingredients, potency and manufacturing process.
USP sets official standards for dietary supplements. www.uspverified.org

No Artificial Colors • No Artificial Flavors • No Preservatives
No Chemical Solvents, Yeast or Gluten

Nature Made Prenatal is a complete multivitamin with key vitamins and minerals necessary for the good health of pregnant and lactating women. This formula is rich in Folic Acid, Iron, Zinc and Vitamin D.

SUGGESTED USE: For best results, take one tablet daily with a meal. Keep bottle tightly closed. Store in a cool, dry place.

Do not use if imprinted seal under cap is broken or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

INGREDIENTS: Calcium Sulfate, Cellulose Gel, Ascorbic Acid, Ferrous Fumarate, Acacia, Zinc Oxide, Niacinamide, Silicon Dioxide, Croscarmellose Sodium, Corn Starch, Hydroxypropyl Methylcellulose, Magnesium Stearate, dl-Alpha Tocopheryl Acetate, Pyridoxine Hydrochloride, Vitamin A Acetate, Thiamin Mononitrate, Riboflavin, Polyethylene Glycol, Folic Acid, Vitamin D3 (Cholecalciferol), Cyanocobalamin.

Distributed by: **Nature Made Nutritional Products**
Mission Hills, CA 91346-9606, U.S.A.
1-800-276-2878 • www.NatureMade.com

Lot.:
Exp.: