

List No. 1426 L20AA
Cat. A194 5A002

Nature Made®

Recommended By Pharmacists

Iron
65 mg
SUPPLEMENT
from Ferrous Sulfate

PREMIUM **100** TABLETS



Iron is a necessary component of hemoglobin, the protein substance which enables red blood cells to carry oxygen through the body.†

No Artificial Flavors • No Preservatives • No Chemical Solvents, Yeast, Starch or Gluten

SUGGESTED USE: Adults, for iron deficiency, take one tablet daily. Taking with a meal may minimize the possibility of stomach upset. Iron deficiency is the most common nutrient deficiency in the United States, particularly among women of childbearing age.† Store in a cool, dry place.

For your protection, do not use if imprinted seal under cap is broken or missing.

Supplement Facts

Serving Size 1 tablet

Amount Per Tablet	% Daily Value
Iron 65 mg	361%

CAUTION: Iron supplements may interact with certain medications. If you are taking prescription medications, or are pregnant or nursing, consult your healthcare provider before taking this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Each tablet contains 325 mg Ferrous Sulfate providing 65 mg of elemental iron.

INGREDIENTS: Ferrous Sulfate, Cellulose Gel, Dibasic Calcium Phosphate, Croscarmellose Sodium, Hydroxypropyl Methylcellulose, Titanium Dioxide (artificial color), Magnesium Stearate, Polyethylene Glycol, Triethyl Citrate, Polysorbate 80, Sodium Citrate.

Distributed by: **Nature Made Nutritional Products**, Mission Hills, CA 91346-9606, U.S.A.
1-800-276-2878 • www.NatureMade.com

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†These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Lot.:
Exp.: