

List No. 1425  
L32AA  
Cat. 974  
5A004



**Nature Made**  
Recommended By Pharmacists

**Stress  
B-Complex**  
SUPPLEMENT

WITH VITAMIN C AND IRON  
PREMIUM **60** TABLETS

ENTER CODE

USP  
VERIFIED

WELLNESS REWARDS CODE

VISIT OUR WEBSITE & EARN FREE VITAMINS<sup>◇</sup>

[www.NatureMade.com](http://www.NatureMade.com)

Supplement Facts	
Serving Size 1 tablet	
Amount Per Tablet	% Daily Value
Vitamin C 500 mg	833%
Vitamin E 30 I.U.	100%
Thiamin 10 mg	667%
Riboflavin 10 mg	588%
Niacin 100 mg	500%
Vitamin B6 5 mg	250%
Folic Acid 400 mcg	100%
Vitamin B12 12 mcg	200%
Biotin 45 mcg	15%
Pantothenic Acid 20 mg	200%
Iron 18 mg	100%

**B VITAMINS HELP CONVERT FOOD INTO ENERGY** – This formula also includes Iron which enables red blood cells to carry oxygen through the body.

**No Artificial Colors • No Artificial Flavors • No Preservatives  
No Chemical Solvents, Yeast or Gluten**

**SUGGESTED USE:** Take one tablet daily with a meal. Keep bottle tightly closed. Store in a cool, dry place.

**Do not use if imprinted seal under cap is broken or missing.**

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**INGREDIENTS:** Niacinamide Ascorbate, Ascorbic Acid, Cellulose Gel, Calcium Carbonate, Ferrous Fumarate, dl-Alpha Tocopheryl Acetate, d-Calcium Pantothenate, Modified Food Starch, Corn Starch, Croscarmellose Sodium, Thiamin Mononitrate, Riboflavin, Dibasic Calcium Phosphate, Magnesium Stearate, Hydroxypropyl Methylcellulose, Pyridoxine Hydrochloride, Polyethylene Glycol, Folic Acid, Biotin, Cyanocobalamin.

Contains: Soy

Distributed by: **Nature Made Nutritional Products,**  
Mission Hills, CA 91346-9606, U.S.A. 1-800-276-2878 • [www.NatureMade.com](http://www.NatureMade.com)

USP has tested and verified ingredients, potency and manufacturing process.

USP sets official standards for dietary supplements. [www.uspverified.org](http://www.uspverified.org)

<sup>◇</sup> Valid only for U.S. and Puerto Rico residents.

Lot.:  
Exp.: