

List No. 1419
L27AB
Cat. A371
5A007



MULTI Daily

Essential
Formula

100% Daily Value of 12 Vitamins and Minerals
Supplement

plus 450 mg Calcium

with IRON

100

PREMIUM TABLETS



Supplement Facts

Serving Size 1 tablet

Amount Per Tablet	% Daily Value
Vitamin A 3,000 I.U.	60%
Vitamin C 60 mg	100%
Vitamin D 400 I.U.	100%
Vitamin E 30 I.U.	100%
Thiamin 1.5 mg	100%
Riboflavin 1.7 mg	100%
Niacin 20 mg	100%
Vitamin B6 2 mg	100%
Folic Acid 400 mcg	100%
Vitamin B12 6 mcg	100%
Pantothenic Acid 10 mg	100%
Calcium 450 mg	45%
Iron 18 mg	100%
Zinc 15 mg	100%

**No Artificial Colors • No Artificial Flavors • No Preservatives
No Chemical Solvents, Yeast or Gluten**

SUGGESTED USE: For best results, take one tablet daily with a meal.
Keep bottle tightly closed. Store in a cool, dry place.

Do not use if imprinted seal under cap is broken or missing.

INGREDIENTS: Calcium Carbonate, Niacinamide Ascorbate, Ferrous Fumarate, Cellulose Gel, Croscarmellose Sodium, Glycerides of Fatty Acids, Acacia, Maltodextrin, dl-Alpha Tocopheryl Acetate, Zinc Oxide, d-Calcium Pantothenate, Hydroxypropyl Methylcellulose, Gelatin (Fish from one or more of the following: Cod, Pollock, Haddock, Hake, Cusk, Redfish, Sole, Flounder), Magnesium Stearate, Corn Starch, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Vitamin A Acetate, Polyethylene Glycol, Folic Acid, Vitamin D3 (Cholecalciferol), Cyanocobalamin.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

USP has tested and verified ingredients, potency and manufacturing process. USP sets official standards for dietary supplements.

www.uspverified.org.

Oil- and Water Soluble Vitamins with Minerals Tablets USP.

Distributed by: **Nature Made Nutritional Products**

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1-800-276-2878 • www.NatureMade.com

Lot.:
Exp.: