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ADVANCED MATURE GOLD

Dietary Supplement

Comprehensive multivitamin
formulated for adults 50+*

60 Tablets

MULTI
VITAMINSEST
1960

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	
Vitamin A (as Vitamin A Acetate and 30% as Beta Carotene)	8500 IU	170%
Vitamin C (as Ascorbic Acid)	125 mg	208%
Vitamin D3 (as Cholecalciferol)	400 IU	100%
Vitamin E Natural (as d-alpha Tocopheryl Succinate)	133 IU	443%
Vitamin B1 (as Thiamine Mononitrate)	20 mg	1333%
Vitamin B2 (as Riboflavin)	20 mg	1176%
Vitamin B3 (as Niacinamide)	50 mg	250%
Vitamin B6 (as Pyridoxine HCl)	20 mg	1000%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B12 (as Cyanocobalamin)	167 mcg	2783%
Biotin	150 mcg	50%
Pantothenic acid (as Calcium D-Pantothenate)	50 mg	500%
Calcium (as Dicalcium and Tricalcium Phosphate)	200 mg	20%
Iron (as Ferrous Fumarate)	10 mg	56%
Phosphorus (as Dicalcium and Tricalcium Phosphate)	111 mg	11%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Sulfate)	15 mg	100%
Selenium (as Selenium Amino Acid Chelate)	20 mcg	29%
Copper (as Copper Amino Acid Chelate)	2 mg	100%
Manganese (as Manganese Sulfate)	3 mg	150%

Chromium (as Chromium Aminoate)	15 mcg	13%
Molybdenum (as Molybdenum Amino Acid Chelate)	25 mcg	23%
Chloride (as Potassium Chloride)	72 mg	2%
Potassium (as Potassium Chloride)	80 mg	2%
Boron (as Boron Citrate, Aspartate, Glycinate Complex)	200 mcg	†
Choline (as Choline Bitartrate)	50 mg	†
Citrus bioflavonoids	25 mg	†
Inositol	25 mg	†

† Daily Value not established

Directions: As a dietary supplement for adults, 1 tablet daily or as directed by a health professional.**Contains Fish (Cod, Pollock, Haddock, Hake, Cusk, Redfish, Sole and Flounder) and Soy.****WARNING:** Please consult a healthcare professional before taking this product if you are pregnant or nursing.**Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Discover the Bronson Difference™

Bronson Laboratories

Lindon, UT 84042

Made in USA

For Information Call

1-800-235-3200

REF 0911

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Other Ingredients: Calcium carbonate, stearic acid, magnesium stearate, silicon dioxide, croscarmellose sodium, sodium starch glycolate, aqueous film coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol, titanium dioxide, riboflavin).

Store at room temperature. Protect from light. Keep out of reach of children.