

Suggested Usage: 2 softgels, 30–45 minutes before bedtime or as directed by a health professional. Keep out of reach of children.

Tranquil Sleep formula provides a unique combination of natural compounds that support relaxation and enhance sleep quality.* In an easy-to-swallow softgel that is enteric coated to minimize any possible gastric discomfort.

All Natural Factors products are manufactured in accordance with the Government of Canada's Good Manufacturing Practices (GMP), among the highest standards in the world.

Contains no artificial colors, preservatives or sweeteners; no dairy, gluten or wheat. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA

Manufactured by Natural Factors Canada

Distributed by NATURAL FACTORS

1111-80th St. SW, Ste. 100

Everett WA, USA 98203

**Purity & Potency
Guaranteed**



Recyclable container.

Stress-Relax

Tranquil Sleep*

EASY-TO-SWALLOW SOFTGELS

5-HTP, Suntheanine® & Melatonin



Recommended by Dr. Michael Murray

90 Enteric Coated
Softgels

**natural
Factors**

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 45

	Amount Per Serving	% Daily Value
Suntheanine® L-Theanine	200 mg	**
5-Hydroxytryptophan (5-HTP) (<i>Griffonia simplicifolia</i>) (seed)	30 mg	**
Melatonin	3 mg	**

** Daily Value not established.

Other ingredients: Softgel capsule (gelatin, glycerin, purified water), aqueous coating solution (ethylcellulose, medium chain triglycerides, oleic acid, sodium alginate, stearic acid), organic flaxseed oil, yellow beeswax, sunflower lecithin (non-GMO).

Suntheanine® is a registered trademark of Taiyo International, Inc.



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