

Suggested Usage: 1 caplet 3 times per day or as directed by a health professional. Keep out of reach of children.

5-Hydroxytryptophan (5-HTP) is an amino acid that is the intermediate step between tryptophan and the important brain chemical serotonin. Supplementing with 5-HTP provides natural support for emotional well-being.*

All Natural Factors products are manufactured in accordance with the Government of Canada's Good Manufacturing Practices (GMP), among the highest standards in the world.

Contains no artificial preservatives, color or sweeteners; no corn, dairy, soy, starch, wheat or yeast. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Dist. by NATURAL FACTORS
1111-80th St. SW, Ste. 100
Everett WA, USA 98203



**Purity & Potency
Guaranteed**

Stress-Relax

5-HTP

5-HYDROXYTRYPTOPHAN

*Natural Support for Emotional Well-Being**

50 mg

Recommended by Dr. Michael Murray



**60 Enteric Coated
Caplets**

**natural
Factors**

Supplement Facts

Serving Size 1 Caplet

	Amount Per Serving	% Daily Value
5-HTP (<i>Griffonia simplicifolia</i>), powdered extract (seed)	50 mg	**

** Daily Value not established.

Other ingredients: Dicalcium phosphate, cellulose, aqueous coating solution (sodium alginate, purified stearic acid, purified water, ethylcellulose, medium chain triglycerides, oleic acid), purified water, magnesium stearate (vegetable grade).

