

Suggested Usage: Chew and dissolve before swallowing 1 tablet under the tongue per day prior to bedtime, or as directed by a health professional. Keep out of reach of children.

Natural Factors® Melatonin supplement can help to provide a more restful and natural sleep without any drowsy side-effects that sometimes result from taking chemically produced pharmaceutical sleep aids.*

All Natural Factors products are manufactured in accordance with the Government of Canada's Good Manufacturing Practices (GMP), among the highest standards in the world.

Contains no artificial preservatives, colors or sweeteners; no gluten, soy, wheat or yeast. Sealed for your protection. Do not use if seal is broken.

For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
1111-80th St. SW, Ste. 100
Everett WA, USA 98203



Recyclable container.

**Purity & Potency
Guaranteed**

LOT & EXPIRY 1.3125" x .25" Single Line

Stress-Relax

Melatonin

5 MG CHEWABLE

*Resets Sleep-Wake Cycle**



Recommended by Dr. Michael Murray

**90 Chewable
Tablets**

**natural
Factors**

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving
Melatonin	5 mg**

** Daily Value not established.

Other ingredients: Lactose (from milk), cellulose, natural peppermint flavor, croscarmellose sodium, magnesium stearate (vegetable grade).



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