DIRECTIONS: As a dietary supplement for adults, 1 capsule one to two times daily or as directed by a health professional.

WARNING: Please consult a healthcare professional before taking this product if you are pregnant or nursing.

Store at room temperature. Protect from light. Keep out of reach of children.



No. 191

Lutein

HELPS MAINTAIN HEALTHY EYES'

Dietary Supplement 100 Capsules

Supplement Facts

Serving Size 1 Cansule

Amount Per Serving	% Daily Value	
Lutein	6 mg	†
Spinach Leaf	50 mg	†

OTHER INGREDIENTS: White rice powder, gelatin, magnesium stearate, silicon dioxide.

EXP 08/2013 1107222

 These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.