



Vita Chel Pack™

Natural Dietary Food Supplement



**Douglas
Laboratories®**

30 Packs

Supplement Facts

Serving Size 1 pack (7 tablets per pack) • Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A	23,333 IU 467% ³	Manganese	9 mg 450%
Vitamin C (Ascorbic Acid)	1,867 mg 112% ⁸²	(from Manganese Sulfate)	
Vitamin D-3	327 IU %1,557	Chromium	47 mcg 39%
Vitamin E	467 IU %	Potassium	233 mg 6%
(as Vitamin E Acetate)		(from Potassium Chelate)	
Thiamine	93 mg 6,200%		
Riboflavin	9 mg 529% ²³	Choline	467 mg *
Niacin/Niacinamide	47 mg 5% ^{5,85}	(from Choline Bitartrate)	
Vitamin B-6	117 mg 0%	Inositol	70 mg *
(as Pyridoxine HCl)		PABA	233 mg *
Folic Acid	187 mcg 47% ^{7,7}	(Para-Aminobenzoic Acid)	
Vitamin B-12	467 mcg 83% ¹⁶	Lecithin (Soya)	93 mg *
Biotin	47 mcg %	L-Cysteine	350 mg *
Pantothenic Acid	233 mg 2,330%	Rice Bran	187 mg *
(as Calcium Pantothenate)		Methionine	93 mg *
Calcium	233 mg 23%	Citrus Pectin	47 mg *
(from Calcium Chelate Complex)		Adrenal	47 mg *
Iron	5 mg 28%	Thymus	47 mg *
Iodine (from Kelp)	70 mcg 47%	Bromelain	47 mg *
Magnesium	233 mg 58%	Garlic (bulb)	47 mg *
(from Magnesium Chelate Complex)		Flax Powder	23 mg *
Zinc (from Zinc Chelate)	47 mg 313%		
Selenium	117 mcg 167%		
Copper (from Copper Chelate)	2 mg 100%		

Other ingredients: Cellulose, EDTA and vegetable stearate.

Manufactured by:
Douglas Laboratories
600 Boyce Road • Pittsburgh, PA 15205
www.douglaslabs.com

This product contains NO yeast, wheat gluten, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Each Pack Contains:
Seven Vita-Chel Plus™ Tablets

Suggested Usage:

As a dietary supplement, adults take 1 pack daily with breakfast or as directed by your healthcare professional.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. This is not a childproof container. This product contains a level of iron which could be harmful to child-ren. KEEP OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: Due to the vitamin A dose, this product is not recommended for women who may become pregnant or are of child bearing age.

For optimal storage conditions,
store in a cool, dry place.
(59°-77°F/15°-25°C)
(35-65% relative humidity)
Tamper resistant package,
do not use if outer seal is missing.

Formula #7507

