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**Nature Made**<sup>®</sup>

Recommended By Pharmacists

**Calcium**  
500 mg  
SUPPLEMENT

**WITH VITAMIN D**

PREMIUM **60** TABLETS



**HELPS BUILD STRONG BONES AND MAY HELP PREVENT OSTEOPOROSIS** – Adequate Calcium in a healthful diet is important for teen, young adult and post menopausal women. Vitamin D improves Calcium absorption.

**No Artificial Colors • No Artificial Flavors • No Preservatives**  
**No Chemical Solvents, Yeast or Gluten**

**Supplement Facts**

Serving Size 1 tablet

Amount Per Tablet	% Daily Value
Vitamin D 200 I.U.	50%
Calcium 500 mg	50%

**SUGGESTED USE:** Take one tablet two times daily with a meal. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

**Do not use if imprinted seal under cap is broken or missing.**

**INGREDIENTS:** Calcium Carbonate, Maltodextrin, Cellulose Gel, Soy Polysaccharides, Hydroxypropyl Methylcellulose, Corn Starch, Vitamin D, Polyethylene Glycol.

Distributed by: **Nature Made Nutritional Products**

Mission Hills, CA 91346-9606, U.S.A.

**1-800-276-2878 • [www.NatureMade.com](http://www.NatureMade.com)**

USP has tested and verified ingredients, potency and manufacturing process. USP sets official standards for dietary supplements. See: [www.usp-dsvp.org](http://www.usp-dsvp.org).

Lot.:  
Exp.: