

Suggested Usage: 1 softgel with each meal or as directed by a health professional. Keep out of reach of children.

Natural Factors easy-to-swallow softgels contain unbleached, whole Lecithin, the natural phospholipid fraction of the soybean. Lecithin's primary active components are phosphatidylcholine, phosphatidylethanolamine and phosphatidylinositol. Used by the vital organs, Lecithin is found concentrated in the brain, liver and kidneys. Its emulsifying property helps the body break down fat.* Use of soy-sourced Lecithin is an excellent way to increase the dietary intake of polyunsaturated fat without increasing the intake of saturated fat and cholesterol.

All Natural Factors products are manufactured in accordance with the Government of Canada's Good Manufacturing Practices (GMP), among the highest standards in the world.

Contains no artificial preservatives, color or sweeteners; no corn, dairy, starch, wheat or yeast. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA

Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS,
1111 - 80th St. SW, Ste 100
Everett, WA, USA 98203

 Recyclable container and label.

**Purity & Potency
Guaranteed**

**natural
Factors®**

Unbleached Lecithin

1200 mg

180 Softgels

**HELPS THE BODY EMULSIFY FAT AND
ABSORB FAT SOLUBLE VITAMINS***

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Calories from fat	5	
Total Fat	0.5 g	<1%**
Unbleached Lecithin (soybeans)	1200 mg	†

** Percent Daily Value is based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel capsule (gelatin, glycerin, purified water).

