

List No. 1052
L31AB
Cat. A372
5A009



MULTI 50+

Bone & Heart
Health[†]

Complete Multi Vitamin/Mineral
Supplement

NO IRON

220
PREMIUM TABLETS



WELLNESS REWARDS CODE



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Supplement Facts

Serving Size 1 tablet

Amount Per Tablet	% DV	Amount Per Tablet	% DV
Vitamin A 3,000 I.U.	60%	Iodine 150 mcg	100%
Vitamin C 120 mg	200%	Magnesium 100 mg	25%
Vitamin D 400 I.U.	100%	Zinc 15 mg	100%
Vitamin E 60 I.U.	200%	Selenium 50 mcg	71%
Vitamin K 10 mcg	13%	Copper 2 mg	100%
Thiamin 3 mg	200%	Manganese 2 mg	100%
Riboflavin 3.4 mg	200%	Chromium 120 mcg	100%
Niacin 20 mg	100%	Molybdenum 25 mcg	33%
Vitamin B6 4 mg	200%	Chloride 72 mg	2%
Folic Acid 400 mcg	100%	Potassium 80 mg	2%
Vitamin B12 25 mcg	417%	Boron 150 mcg	*
Biotin 30 mcg	10%	Nickel 5 mcg	*
Pantothenic Acid 10 mg	100%	Silicon 2 mg	*
Calcium 200 mg	20%	Tin 10 mcg	*
Phosphorus 48 mg	5%	Vanadium 10 mcg	*
		Lutein 250 mcg	*

*Daily Value (DV) not established.

Nature Made Multi 50+ is a complete multi vitamin/mineral with 23 key vitamins and minerals necessary for good health. This formula is rich in: Calcium, Vitamin D & Magnesium – necessary for maintaining healthy bones[†]

Vitamin C – keeps the immune system strong[†]

Vitamin E & B vitamins – maintains heart health[†]

Lutein – maintains eye health[†]

**No Artificial Colors • No Artificial Flavors • No Preservatives
No Chemical Solvents, Yeast or Gluten**

SUGGESTED USE: For best results, take one tablet daily with a meal. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

INGREDIENTS: Calcium Carbonate, Dibasic Calcium Phosphate, Magnesium Oxide, Potassium Chloride, Nicotinamide Ascorbate, Ascorbic Acid, dl-Alpha Tocopheryl Acetate, Cellulose Gel, Crospovidone, Gelatin (Fish from one or more of the following: Cod, Pollock, Haddock, Hake, Cusk, Redfish, Sole, Flounder), Zinc Oxide, Hydroxypropyl Methylcellulose, d-Calcium Pantothenate, Magnesium Stearate, Kelp, Manganese Sulfate, Silicon Dioxide, Pyridoxine Hydrochloride, Corn Starch, Thiamin Mononitrate, Riboflavin, Copper Oxide, Vitamin A Acetate, Polyethylene Glycol, Sodium Borate, Chromium Chloride, Folic Acid, Lutein, Potassium Iodide, Sodium Selenate, Vitamin D3 (Cholecalciferol), Sodium Molybdate, Cyanocobalamin, Biotin, Sodium Metavanadate, Stannous Chloride, Phylloquinone, Nickelous Sulfate, Sodium Metasilicate.

USP has tested and verified ingredients, potency and manufacturing process. USP sets official standards for dietary supplements. www.uspverified.org

Oil - and Water-Soluble Vitamins with Minerals Tablets USP.

♦ Valid only for U.S. and Puerto Rico residents.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot:
Exp.: