

List No. 1049
L31AA
Cat. A374
5A009



MULTI For Him

With Potent
Antioxidants

Complete Multi Vitamin/Mineral
Supplement

NO IRON

220
PREMIUM TABLETS



WELLNESS REWARDS CODE

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Supplement Facts

Serving Size 1 tablet

Amount Per Tablet	% DV	Amount Per Tablet	% DV
Vitamin A 3,000 I.U.	60%	Magnesium 100 mg	25%
Vitamin C 120 mg	200%	Zinc 15 mg	100%
Vitamin D 400 I.U.	100%	Selenium 25 mcg	36%
Vitamin E 50 I.U.	167%	Copper 2 mg	100%
Vitamin K 25 mcg	31%	Manganese 2 mg	100%
Thiamin 1.5 mg	100%	Chromium 120 mcg	100%
Riboflavin 1.7 mg	100%	Molybdenum 25 mcg	33%
Niacin 20 mg	100%	Chloride 36 mg	1%
Vitamin B6 2 mg	100%	Potassium 40 mg	1%
Folic Acid 400 mcg	100%	Boron 150 mcg	*
Vitamin B12 6 mcg	100%	Nickel 5 mcg	*
Biotin 30 mcg	10%	Silicon 2 mg	*
Pantothenic Acid 10 mg	100%	Tin 10 mcg	*
Calcium 100 mg	10%	Vanadium 10 mcg	*
Phosphorus 77 mg	8%	Lutein 250 mcg	*
Iodine 150 mcg	100%	Lycopene 2 mg	*

*Daily Value (DV) not established.

Distributed by: **Nature Made Nutritional Products**
Mission Hills, CA 91346-9606, U.S.A.
1-800-276-2878 • www.NatureMade.com

†These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Nature Made For Him is a complete multivitamin with 23 key vitamins and minerals necessary for good health. This formula is rich in:

B Vitamins – help convert food into energy†

Vitamin C & Zinc – helps keep the immune system strong†

Antioxidants (C, E & Selenium) – help protect the body from free radical damage†

Lutein – maintains eye health†

**No Artificial Colors • No Artificial Flavors • No Preservatives
No Chemical Solvents, Yeast or Gluten**

SUGGESTED USE: Take one tablet daily with a meal. Keep bottle tightly closed. Store in a cool, dry place.

Do not use if imprinted seal under cap is broken or missing.

INGREDIENTS: Dibasic Calcium Phosphate, Magnesium Oxide, Cellulose Gel, Niacinamide Ascorbate, Potassium Chloride, Ascorbic Acid, dl-Alpha Tocopheryl Acetate, Croscarmellose Sodium, Gelatin (Fish from one or more of the following: Cod, Pollock, Haddock, Hake, Cusk, Redfish, Sole, Flounder), Zinc Oxide, Sugar, d-Calcium Pantothenate, Hydroxypropyl Methylcellulose, Kelp, Magnesium Stearate, Stearic Acid, Corn Starch, Manganese Sulfate, Silicon Dioxide, Lycopene, Copper Oxide, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Vitamin A Acetate, Modified Food Starch, Polyethylene Glycol, Sodium Borate, Folic Acid, Lutein, Potassium Iodide, Chromium Chloride, Sodium Selenate, Sodium Molybdate, Vitamin D3, Phylloquinone, Biotin, Sodium Metavanadate, Stannous Chloride, Nickelous Sulfate, Cyanocobalamin, Sodium Metasilicate.

USP has tested and verified ingredients, potency and manufacturing process. USP sets official standards for dietary supplements. www.uspverified.org

Valid only for U.S. and Puerto Rico residents.

Lot:
Exp.: