

3
10539 07462
6

Manufactured in the USA by:
Douglas Laboratories
 600 Boyce Road
 Pittsburgh, PA 15205 USA
 www.douglaslabs.com
 1.800.245.4440

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 6 tablets daily or as directed by your healthcare professional. This product is best taken with meals.

KEEP OUT OF REACH OF
CHILDREN.

For optimal storage conditions, store in a cool, dry place, (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.



Ultra Preventive® D

with Copper & Iron

A Low Allergenicity
Dietary Supplement

DOUGLAS
LABORATORIES®

180 Tablets

Formula #7462

Supplement Facts

Serving Size 6 tablets • Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (40% as Vitamin A Palmitate/ .. 25,000 IU 60% [15,000 IU] as Beta-Carotene)	500%	Copper (from Copper Amino .. 3 mg 150%	
Vitamin C (Ascorbic Acid) .. 1200 mg 2000%		Acid Chelate)	
Vitamin D-3 .. 400 IU 100%		Manganese (from Manganese .. 20 mg 1000%	
Vitamin E (as Vitamin E Succinate) .. 400 IU 1333%		Aspartate Complex)	
Thiamine (as Thiamine HCl) .. 100 mg 6667%		Chromium (Organically bound with .. 200 mcg 167%	
Riboflavin .. 50 mg 2941%		GTF activity—low allergenicity)	
Niacin/Niacinamide .. 190 mg 950%		Molybdenum (from Molybdenum Krebs†) .. 100 mcg 133%	
Vitamin B-6 (as Pyridoxine HCl/ .. 100 mg 5000%		Potassium (from Potassium .. 99 mg 2%	
Pyridoxal-5-Phosphate Complex)		Aspartate Complex)	
Folic Acid .. 800 mcg 200%		Choline (from Choline Citrate/Bitartrate) .. 60 mg *	
Vitamin B-12 (on Ion Exchange Resin) .. 100 mcg 1667%		Inositol .. 100 mg *	
Biotin .. 300 mcg 100%		Citrus Bioflavonoid Complex .. 100 mg *	
Pantothenic Acid .. 500 mg 5000%		PABA (Para-Aminobenzoic Acid) .. 50 mg *	
(as d-Calcium Pantothenate)		Vanadium (from Vanadium Krebs†) .. 50 mcg *	
Calcium (from Calcium .. 500 mg 50%		Boron (from Boron Aspartate/ .. 3 mg *	
Citrate/Ascorbate Complex)		Citrate Complex)	
Iron (from Iron Amino Acid Chelate) .. 20 mg 111%		Trace Elements (from Sea Vegetation) .. 100 mcg *	
Iodine (from Kelp) .. 200 mcg 133%		L-Cysteine/N-Acetyl-L-Cysteine .. 200 mg *	
Magnesium (from Magnesium .. 500 mg 125%		L-Methionine .. 12.5 mg *	
Aspartate/Ascorbate Complex)		Glutamic Acid (from Glutamic Acid HCl) .. 20 mg *	
Zinc (as OPTI-ZINC) .. 30 mg 200%		Betaine (from Betaine HCl) .. 114 mg *	
Selenium (Organic Selenium from .. 200 mcg 286%			
Krebs† Cycle and Kelp)			

*Daily Value not established.

Other ingredients: Cellulose, vegetable stearate and silica.

†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.