



Ultra Preventive® D

with Copper & Iron
A Low Allergenicity
Dietary Supplement



**Douglas
Laboratories®**

180 Tablets

Supplement Facts

Serving Size 6 tablets • Servings Per Container 30

Amount Per Serving	%DV
Vitamin A (40% as Vitamin A Palmitate/ 60% [15,000 IU] as Beta-Carotene)	25,000 IU 500%
Vitamin C (Ascorbic Acid)	1200 mg 2000%
Vitamin D-3	400 IU 100%1
Vitamin E (as Vitamin E Succinate)	400 IU 333%6
Thiamine (as Thiamine HCl)	100 mg 667%2
Riboflavin	50 mg 941%9
Niacin/Niacinamide	190 mg 50%50
Vitamin B-6 (as Pyridoxine HCl/ Pyridoxal-5-Phosphate Complex)	100 mg 00%
Folic Acid	800 mcg 200%1
Vitamin B-12 (on Ion Exchange Resin)	100 mcg 667%1
Biotin	300 mcg 00%
Pantothenic Acid (as d-Calcium Pantothenate)	500 mg 5000%
Calcium (from Calcium Citrate/Ascorbate Complex)	500 mg 50%
Iron (from Iron Amino Acid Chelate)	20 mg 111%
Iodine (from Kelp)	200 mcg 133%
Magnesium (from Magnesium Aspartate/Ascorbate Complex)	500 mg 125%
Zinc (as OPTI-ZINC)	30 mg 200%
Selenium (Organic Selenium from Krebs† Cycle and Kelp)	200 mcg 286%

Other ingredients: Cellulose, vegetable stearate and silica.

Amount Per Serving	%DV
Copper (from Copper Amino Acid Chelate)	3 mg 150%
Manganese (from Manganese Aspartate Complex)	20 mg 1000%
Chromium (Organically bound with GTF activity—low allergenicity)	200 mcg 167%
Molybdenum (from Molybdenum Krebs†)	100 mcg 133%
Potassium (from Potassium Aspartate Complex)	99 mg 2%
Choline (from Choline Citrate/Bitartrate)	60 mg *
Inositol	100 mg *
Citrus Bioflavonoid Complex	100 mg *
PABA (Para-Aminobenzoic Acid)	50 mg *
Vanadium (from Vanadium Krebs†)	50 mcg *
Boron (from Boron Aspartate/ Citrate Complex)	3 mg *
Trace Elements (from Sea Vegetation)	100 mcg *
L-Cysteine/N-Acetyl-L-Cysteine	200 mg *
L-Methionine	12.5 mg *
Glutamic Acid (from Glutamic Acid HCl)	20 mg *
Betaine (from Betaine HCl)	114 mg *

*Daily Value not established.

†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

Manufactured in the USA by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage:

As a dietary supplement, adults take 6 tablets daily or as directed by your healthcare professional. This product is best taken with meals.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions,
store in a cool, dry place.
(59°-77°F/15°-25°C)

(35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #7462

