

B VITAMINS HELP CONVERT FOOD INTO ENERGY – B vitamins are also necessary for normal functioning of the nervous system. Our Super B-Complex formula contains high levels of B Vitamins and Vitamin C. $^{\uparrow}$

Supplement Facts

Serving Size 1 tablet

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| Amount Per Tablet % | 6 Daily Value |
|------------------------|---------------|
| Vitamin C 150 mg | 250% |
| Thiamin 100 mg | 6,667% |
| Riboflavin 20 mg | 1,176% |
| Niacin 25 mg | 125% |
| Vitamin B6 2 mg | 100% |
| Folic Acid 400 mcg | 100% |
| Vitamin B12 15 mcg | 250% |
| Biotin 30 mcg | 10% |
| Pantothenic Acid 5.5 r | na 55% |

No Artificial Colors No Artificial Flavors No Preservatives

No Chemical Solvents, Starch or Gluten

SUGGESTED USE: Take one tablet daily with a meal. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

INGREDIENTS: Dibasic Calcium Phosphate, Ascorbic Acid, Thiamin Mononitrate, Dried Yeasts, Cellulose Gel, Niacinamide, Riboflavin, Croscarmellose Sodium, Hydroxypropyl Methylcellulose, d-Calcium Pantothenate, Magnesium Stearate, Pyridoxine Hydrochloride, Polyethylene Glycol, Folic Acid, Biotin, Cyanocobalamin.

Distributed by: Nature Made Nutritional Products Mission Hills, CA 91346-9606, U.S.A.

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