

List No. 1012
L31AA
Cat. A376
5A009



MULTI For Her

with
**CALCIUM
& IRON**

Complete Multi Vitamin/Mineral
Supplement

220
PREMIUM TABLETS



WELLNESS REWARDS CODE

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Supplement Facts

Serving Size 1 tablet

Amount Per Tablet	% DV	Amount Per Tablet	% DV
Vitamin A 3,000 I.U.	60%	Iodine 150 mcg	100%
Vitamin C 120 mg	200%	Magnesium 100 mg	25%
Vitamin D 400 I.U.	100%	Zinc 15 mg	100%
Vitamin E 50 I.U.	167%	Selenium 25 mcg	36%
Vitamin K 100 mcg	125%	Copper 2 mg	100%
Thiamin 1.5 mg	100%	Manganese 2 mg	100%
Riboflavin 1.7 mg	100%	Chromium 120 mcg	100%
Niacin 20 mg	100%	Molybdenum 25 mcg	33%
Vitamin B6 2 mg	100%	Chloride 36 mg	1%
Folic Acid 400 mcg	100%	Potassium 40 mg	1%
Vitamin B12 6 mcg	100%	Boron 150 mcg	*
Biotin 30 mcg	10%	Nickel 5 mcg	*
Pantothenic Acid 10 mg	100%	Silicon 2 mg	*
Calcium 250 mg	25%	Tin 10 mcg	*
Iron 18 mg	100%	Vanadium 10 mcg	*
Phosphorus 77 mg	8%	Lutein 250 mcg	*

*Daily Value (DV) not established.

Nature Made For Her is a complete multivitamin with 24 key vitamins and minerals necessary for good health. This formula is rich in:

Calcium, Vitamin D & Magnesium – necessary for maintaining healthy bones†

B Vitamins – help convert food into energy†

Antioxidants – protects the body from damage caused by free radicals†

Lutein – maintains eye health†

No Artificial Colors • No Artificial Flavors • No Preservatives

No Chemical Solvents, Yeast or Gluten

SUGGESTED USE: Take one tablet daily with a meal. Keep bottle tightly closed. Store in a cool, dry place.

Do not use if imprinted seal under cap is broken or missing.

INGREDIENTS: Calcium Carbonate, Dibasic Calcium Phosphate, Magnesium Oxide, Niacinamide Ascorbate, Potassium Chloride, Ascorbic Acid, Ferrous Fumarate, dl-Alpha Tocopheryl Acetate, Cellulose Gel, Glycerides of Fatty Acids, Croscopovidone, Zinc Oxide, Gelatin (Fish from one or more of the following: Cod, Pollock, Haddock, Hake, Cusk, Redfish, Sole, Flounder), Acacia, Hydroxypropyl Methylcellulose, d-Calcium Pantothenate, Magnesium Stearate, Kelp, Manganese Sulfate, Silicon Dioxide, Corn Starch, Pyridoxine Hydrochloride, Copper Oxide, Thiamin Mononitrate, Riboflavin, Vitamin A Acetate, Modified Food Starch, Polyethylene Glycol, Sodium Borate, Chromium Chloride, Folic Acid, Lutein, Potassium Iodide, Phylloquinone, Sodium Selenate, Vitamin D3, Sodium Molybdate, Biotin, Sodium Metavanadate, Stannous Chloride, Nickelous Sulfate, Cyanocobalamin, Sodium Metasilicate.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

USP has tested and verified ingredients, potency and manufacturing process. USP sets official standards for dietary supplements.

www.uspverified.org Valid only for U.S. and Puerto Rico residents.

Distributed by: **Nature Made Nutritional Products**
Mission Hills, CA 91346-9606, U.S.A. 1-800-276-2878 • www.NatureMade.com

†These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Lot:
Exp.: