

DIRECTIONS: As a dietary supplement, adults 1 or 2 capsules 1/2 to 1 hour before bedtime with a full glass of water or as directed by a health professional.

WARNING: Please consult a healthcare professional before taking this product if you are pregnant or nursing.

Store at room temperature.
Protect from light.
Keep out of reach of children.

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Bronson Laboratories For Customer Information
Lindon, UT 84042 Call 1-800-235-3200
Made in USA REF 0611

 **BRONSON®**

No. 456

Herbal Sleep Aid

NIGHT TIME SLEEP AID*

Dietary Supplement
100 Capsules

Supplement Facts

Serving Size 2 Capsules
Servings per Container 50

Amount Per Serving		% Daily Value
Calcium (as calcium carbonate)	200 mg	20%
Magnesium (as magnesium oxide)	100 mg	25%
Valerian Root Powder	200 mg	†
Chamomile Flowers	150 mg	†
Hops Flower	150 mg	†
Skullcap Herb Powder	150 mg	†
Passion Flower	100 mg	†
Inositol	100 mg	†
L-Taurine	100 mg	†

† Daily Value not established

OTHER INGREDIENTS: Gelatin, rice flour, silicon dioxide, magnesium stearate.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

