Suggested Usage: 1 softgel, 3-9 times per day or as directed by a health professional. Keep out of reach of children.

Natural Factors® Flaxseed Oil is derived from the highest quality certified organic flax. The flaxseed oil is extracted using an exclusive chemical free process, often referred to as "cold processed", that does not use harmful solvents like alcohol, hexane or organic chlorines. The oil is not refined, deodorized or bleached ensuring a pure, healthy oil that provides the important essential fatty acids that support good health.*

All Natural Factors products are manufactured in accordance with the Government of Canada's Good Manufacturing Practices (GMP), among the highest standards in the

Contains no artificial sweeteners; no corn, dairy, gluten, starch, wheat or yeast. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Purity Potency

Guaranteed

Recyclable container.



Flaxseed Oil

Made with Organic Flax ALA 530 mg · OA 120 mg · LA 100 mg

1000 mg · 180 Softgels

A SOURCE OF OMEGA-3-6 ESSENTIAL FATTY ACIDS



Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%‡
Saturated Fat	0.1 g	<1%‡
Polyunsaturated Fat	0.5 g	**
Certified Organic Flaxseed Oil	1000 mg	**
Omega-3 Fatty Acids (Alpha-Linolenic Acid) 530 mg	**
Omega-6 Fatty Acids (Linoleic Acid)	100 mg	**
Omega-9 Fatty Acids (Oleic Acid)	120 mg	**
+ Paraant Daily Values are based on a 2 000	colorio diot	

‡ Percent Daily Values are based on a 2,000 calorie diet

** Daily Value not established

Other ingredients: Softgel capsule (gelatin, glycerin, purified water, carob), organic flaxseed particulate (lignans), natural vitamin E.



LOT & EXPIRY 1.3125" x .25" Single Line

Distributed by NATURAL FACTORS 1111-80th St. SW, Ste. 100

Certified Organic by QAI

Manufactured by Natural Factors Canada

PRODUCT OF CANADA

Everett WA, USA 98203

