

**Suggested Usage:** 1 capsule per day or as directed by a health professional. Keep out of reach of children.

Fenugreek is used primarily to break up and expel mucus and soothe gastrointestinal problems.\*

All Natural Factors products are manufactured in accordance with the Government of Canada's Good Manufacturing Practices (GMP), among the highest standards in the world.

*Contains no artificial preservatives, color or sweeteners; no corn, dairy, soy, starch, wheat or yeast. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.*

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**PRODUCT OF CANADA**

Manufactured by Natural Factors, Canada

Distributed by NATURAL FACTORS,

1111-80th St. SW, Ste. 100

Everett, WA, USA 98203



Recyclable container.

**Purity & Potency  
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# Fenugreek Seed

90 Capsules

**500 mg**

## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Fenugreek (*Trigonella foenum-graecum*)

Powder (seed)

500 mg †

† Daily Value not established.

Other ingredients: Gelatin capsule (gelatin, purified water), croscarmellose sodium, magnesium stearate (vegetable grade).

