



Ultra-Pro Vanilla™

A Dietary Supplement



**Douglas
Laboratories®**

780 Grams

Supplement Facts

Serving Size 1 scoop (enclosed) or 2 rounded, heaping tbsp. (approximately 37 grams) • Servings Per Container 21

Amount Per Serving	%DV†
Calories 130	
Calories from Fat 14	
Total Fat 1.5 g	2%
Saturated Fat 0 g	0%
Sodium 65 mg	3%
Total Carbohydrate 8.0 g	3%
Dietary Fiber 2.7 g	11%
Sugars 7 g	*
Protein 18.7 g	37%
Vitamin A (100% as Beta-Carotene) 2,500 IU	50%
Vitamin C 100 mg	167%
Vitamin D 80 IU	20%
Vitamin E 15 IU	50%
Thiamine 1 mg	67%
Riboflavin 2 mg	118%
Niacin 10 mg	50%
Vitamin B-6 5 mg	250%
Folic Acid 133 mcg	33%
Vitamin B-12 5 mcg	83%
Biotin 150 mcg	50%
Pantothenic Acid 25 mg	250%
Calcium 200 mg	20%
Iron 6 mg	33%
Phosphorus 100 mg	10%

Amount Per Serving	%DV†
Iodine 50 mcg	33%
Magnesium 200 mg	50%
Zinc 7.5 mg	50%
Selenium 35 mcg	50%
Copper 1.5 mg	75%
Manganese 3 mg	150%
Chromium 50 mcg	42%
Molybdenum 50 mcg	67%
Potassium 395 mg	10%
Choline (from 10 mg Choline Bitartrate) 5 mg	*
Inositol 5 mg	*
PABA (para-Aminobenzoic Acid) 5 mg	*
Vanadium 25 mcg	*
Boron 100 mcg	*
Trace Elements 100 mcg	*
Lecithin (Soya) 1,250 mg	*
Supplying approximately:	
Phosphatidylcholine 315 mg	*
Phosphatidylethanolamine 250 mg	*
Phosphatidylinositol 160 mg	*
Proprietary Base Blend 3,000 mg	*
Guar Gum, Psyllium Seed Powder and Lemon Bioflavonoids.	

Amount Per Serving	%DV†
Amino Acid Profile:	
Alanine 1,060 mg	*
Arginine 940 mg	*
Aspartic Acid 1,530 mg	*
Cystine 540 mg	*
Glutamic Acid 2,480 mg	*
Glycine 1,695 mg	*
Histidine 260 mg	*
Isoleucine 710 mg	*
Leucine 1,305 mg	*
Lysine 1,210 mg	*
Methionine 400 mg	*
Phenylalanine 540 mg	*
Proline 1,270 mg	*
Serine 875 mg	*
Taurine 200 mg	*
Threonine 745 mg	*
Tryptophan (naturally occurring) 1,675 mg	*
Tyrosine 465 mg	*
Valine 840 mg	*

*Daily Value not established.
†Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Hydrolyzed lactalbumin, rice protein concentrate, fructose, natural vanilla flavors, lecithin, guar gum, psyllium seed powder, magnesium oxide, potassium chloride, calcium carbonate, L-lysine, L-cystine, methionine, taurine, ascorbic acid, iron amino acid chelate, zinc amino acid chelate, D-alpha tocopheryl succinate, chromium GTF, molybdenum amino acid chelate, vanadium amino acid chelate, boron amino acid chelate, selenium amino acid chelate, manganese amino acid chelate, copper amino acid chelate, niacinamide, pyridoxine hydrochloride, calcium pantothenate, riboflavin, thiamine hydrochloride, folic acid, sea kelp, cholecalciferol, biotin and cyanocobalamin.

Manufactured by: **Douglas Laboratories**
600 Boyce Road • Pittsburgh, PA 15205 •
www.douglaslabs.com

This product contains NO yeast, wheat gluten, egg, corn, sucrose, aspartame or saccharin.

Suggested Usage: As a dietary supplement, adults and children over 16 years of age, **mix vigorously 1 scoop** or 2 rounded, heaping tablespoons (approximately 37 grams) with **8 ounces or more** of one of the following: **unsweetened fruit juice, nonfat milk, purified water** or **any hot cereal**. Juice may be diluted with purified water. Four or more 8 ounce glasses of purified water should be consumed throughout the day while taking this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Phenylketonurics:
Contains Phenylalanine.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions,
store in a cool, dry place.

(59°-77°F/15°-25°C) (35-65% relative humidity)

Tamper resistant package,
do not use if outer seal is missing.

Formula #7344

