

DIRECTIONS: As a dietary supplement for adults, 1 rounded furnished scoop (3 grams) in 8 oz. of water, juice or beverage of choice, or as directed by a health professional. Take one to three times daily. Psyllium gels quickly, so mix well and drink immediately. Follow with an additional glass of water.

WARNING: Do not use this product if you are pregnant or nursing.

Store at room temperature.
Protect from light.
Keep out of reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



 **BRONSON**[®]

No. 153

Psyllium Husk Powder

Soluble Fiber

**WATER-SOLUBLE TO ADD BULK
AND MAINTAIN REGULARITY***

Dietary Supplement
Net Weight 21 oz. (595g)

Supplement Facts

Serving Size 1 Rounded Furnished Scoop (3 grams)

Amount Per Serving	% Daily Value
Psyllium Husk Powder	3 g †

† Daily Value not established.

PRODUCT FILLED BY WEIGHT, NOT VOLUME.

14698 EXP 02/13

Bronson Laboratories
Lindon, UT 84042
Made in USA

For Customer Information
Call 1-800-235-3200
REF 0510