

DIRECTIONS: As a dietary supplement for adults, take 1 tablet daily, preferably with a full glass of water, or as directed by a health professional.

WARNING: Please consult a health professional before taking this product if you are pregnant or nursing, taking any medication or planning a medical procedure.

IRON WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

Store at room temperature.

Protect from light.

Keep out of reach of children.

9111715 EXP 03/13

Bronson Laboratories
Lindon, UT 84042
Made in USA

For Consumer Information
Call 1-800-235-3200
REF 1110

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



BRONSON[®]

No. 483A

Mega Minerals with D

**COMPREHENSIVE MINERAL
FORMULA***

Dietary Supplement
90 Tablets

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 90

Amount Per Serving		%Daily Value
Vitamin D (as cholecalciferol)	400 IU	100%
Calcium (as calcium carbonate, amino acid chelate and citrate)	750 mg	75%
Iron (as ferrous sulfate, amino acid chelate and citrate)	15 mg	83%
Iodine (as potassium iodide)	75 mcg	50%
Magnesium (as magnesium oxide, amino acid chelate and citrate)	370 mg	92%
Zinc (as zinc citrate and amino acid chelate)	10 mg	67%
Selenium (as selenomethionine)	25 mcg	36%
Copper (as copper sulfate)	1 mg	50%
Manganese (as manganese sulfate, acid chelate and citrate)	10 mg	500%
Chromium (as chromium picolinate)	25 mcg	21%
Potassium (as potassium chloride)	99 mg	3%
Boron (as boron citrate, aspartate, and glycinate)	3 mg	†

† Daily Value has not been established.

OTHER INGREDIENTS: Cellulose, croscarmellose sodium, stearic acid, magnesium stearate and silica.