

## DIETARY SUPPLEMENT

**Suggested Usage:** 1 capsule per day or as directed by a health professional. Keep out of reach of children.

Relieves symptoms of indigestion such as gas and bloating.\* The carminative action of these herbs soothes the gastrointestinal tract and helps promote digestion.\*

**CAUTION:** Consult a health professional prior to use if you are pregnant or breastfeeding. Consult a health professional if you experience acute abdominal pain or if symptoms persist. Do not use if you are allergic to the celery (*Apiaceae* or *Umbelliferae*) family.

All Natural Factors products are manufactured in accordance with the Government of Canada's Good Manufacturing Practices (GMP), among the highest standards in the world.

*Contains no artificial preservatives, color or sweeteners; no corn, dairy, soy, wheat or yeast. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.*

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**PRODUCT OF CANADA**  
**Manufactured by Natural Factors Canada**  
**Distributed by NATURAL FACTORS**  
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**Purity & Potency  
Guaranteed**

**natural  
Factors®**

# Soothe Digest\*

90 Capsules

**RELIEVES GAS AND BLOATING\***

## Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Fennel ( <i>Foeniculum vulgare</i> ), powdered extract 4:1 (seed)	200 mg	**
Anise ( <i>Pimpinella anisum</i> ), powder (seed)	150 mg	**
Caraway ( <i>Carum carvi</i> ), powder (seed)	100 mg	**

\*\*Daily Value not established.

Other ingredients: Gelatin capsule (gelatin, purified water), rice flour, magnesium stearate (vegetable grade), silica.



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LOT & EXPIRY 1.3125" x .25" Single Line