

OTHER INGREDIENTS: Cellulose, Vegetable Acetoglycerides, Titanium Dioxide (Natural Mineral Whitener), Chlorophyll.

CONTAINS: Soybeans and Wheat.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Conforms to USP <2091> for weight.

No Artificial Colors, No Artificial Flavors, No Dairy.

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Lutemax™ Lutemax 2020™ is a trademark of LUTEMAX & SEAVANTHON 2020 OmniActive Health Technologies.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For more information
1-888-462-2548:

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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

GNC QUALITY COMMITMENT

GNC, the leader in the development and manufacture of dietary supplements, is committed to producing the highest quality products available. This commitment begins with quality designed supplement formulations. Every raw material that goes into a GNC supplement is guaranteed as to quality and potency. Each product is dated and then shipped immediately to our stores, so you can be sure you are purchasing the freshest supplements available. At GNC, we extend our quality commitment to you by offering our money-back guarantee.

GNC GUARANTEE

Use any GNC supplement for as little as 10 days. If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!



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GNC Ultra Mega® Green Men's offers a superior blend of greens, fruits, vegetables, antioxidants and enzymes to help support good health. This nutrient-dense whole food enhanced multivitamin formula has been designed to supply nutrition for even the most demanding schedules.

- Features eight wholesome fruit, vegetable and greens blends. These nutrient-rich blends supply cell-protecting antioxidants that also support immune health.*
- Provides 1,600 IU of vitamin D-3. Emerging research suggests that adequate daily vitamin D intake may play a role in supporting colon and immune health.*
- Enhanced with n•zimes®, a proprietary blend of digestive enzymes, with proven bioactivity. n•zimes® are active in both acidic environments of the stomach and the alkaline environment of the small intestine. Lab tests show that n•zimes® work throughout the digestive tract, contributing to a more complete digestion of nutrients.* This superior formula helps promote protein, carbohydrate and fat digestion.*
- Supplies essential B-vitamins that are important for cardiovascular health and the production of energy.*
- Combines important nutrients with specialized herbs such as saw palmetto, pygeum and pumpkin seed to support normal prostate health.* It also includes lutein and zeaxanthin to support eye health.*
- Includes important minerals like zinc for normal reproductive function, copper which is involved in the production of cellular energy and chromium that plays an important role in normal glucose utilization.*
- Timed-release caplets provide a gradual release of vital nutrients.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



ULTRA MEGA® GREEN MEN'S

Dietary Supplement

WHOLE FOOD
ENHANCED
MULTIVITAMIN

- 1,600 IU of vitamin D-3 for bone & colon health*
- 8 nutrient-rich, antioxidant superfood blends
- B-vitamins for energy support*
- Premium cell-protecting ingredients to support immunity*



60 Caplets

Men's

NEW

**TIMED
RELEASE**

CODE 131122

HLG

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Acetate)	5000 IU 100%	Vegetable Blend	80 mg *
Vitamin C (as Ascorbic Acid)	500 mg 833%	Broccoli Juice Powder (<i>Brassica oleracea</i>), Carrot Root Juice Powder (<i>Daucus carota</i>), Spinach Juice Powder (<i>Spinacia oleracea</i>), Beet Root Juice Powder (<i>Beta vulgaris</i>), Broccoli Sprouts Powder (<i>Brassica oleracea</i>), Cauliflower Sprouts Powder (<i>Brassica oleracea</i>), Tomato Paste Powder (<i>Lycopersicon esculentum</i>)	
Vitamin D (as Cholecalciferol D-3)	1600 IU 400%	Fruit Blend	75 mg *
Vitamin E	30 IU 100%	Whole Apple Powder (<i>Malus sylvestris</i>), Blueberry Puree Powder (<i>Vaccinium corymbosum</i>), Cherry Puree Powder (<i>Prunus cerasus</i>), Cranberry Juice Powder (<i>Vaccinium macrocarpon</i>)	
(as Natural d-alpha Tocopheryl Succinate)		EFA Powder Blend	50 mg *
Thiamin (Vitamin B-1)	25 mg 1667%	Flax Seed Oil Powder (<i>Linum usitatissimum</i>), Borage Oil Powder (<i>Borago officinalis</i>), Safflower Oil Powder (<i>Carthamus tinctorius</i>)	
(as Thiamin Mononitrate)		Liver Health Blend	49 mg *
Riboflavin (Vitamin B-2)	25 mg 1471%	Artichoke Leaf Extract (<i>Cynara scolymus</i>), Milk Thistle Leaf Extract (<i>Silybum marianum</i>)	
Niacin (as Niacinamide)	25 mg 125%	n•Zimes® Proprietary Blend	48 mg *
Vitamin B-6	25 mg 1250%	Amylase, Protease 4.5, Lipase, Glucoamylase, Protease 3.0, Bromelain, Protease 6.0, Papain, Cellulase, Malt diastase	
(as Pyridoxine Hydrochloride)		Bean Blend	10 mg *
Folic Acid	400 mcg 100%	Fermented Soybean Powder (<i>Glycine max</i>), Black Bean Powder (<i>Phaseolus vulgaris</i>), Garbanzo Bean Powder (<i>Cicer arietinum</i>), Kidney Bean Powder (<i>Phaseolus vulgaris</i>)	
Vitamin B-12 (as Cyanocobalamin)	250 mcg 4167%	para-Aminobenzoic Acid	50 mg *
Biotin	50 mcg 17%	Choline Bitartrate	25 mg *
Pantothenic Acid	25 mg 250%	Inositol	25 mg *
(as Calcium d-Pantothenate)		N-Acetyl-L-Cysteine	15 mg *
Calcium (as Calcium Carbonate)	50 mg 5%	alpha-Lipoic Acid	10 mg *
Iodine (as Potassium Iodide & Kelp)	150 mcg 100%	Dat Bran Flour (<i>Avena sativa</i>)	5 mg *
Magnesium (as Magnesium Oxide)	25 mg 6%	L-Glutathione	5 mg *
Zinc (as Zinc Oxide)	15 mg 100%	CereCalase® Proprietary Blend	2 mg *
Selenium (as L-Selenomethionine)	200 mcg 286%	Hemicellulase, beta-glucanase, Phytase	
Copper	2 mg 100%	Digestive Enzyme Blend	1 mg *
(as Cupric Oxide & Hydrolyzed Protein Chelate)		Amylase, Cellulase, Protease, Lipase	
Manganese	2 mg 100%	Boron	1 mg *
(as Hydrolyzed Protein Chelate)		(as Hydrolyzed Protein Chelate & Boron Gluconate)	
Chromium	120 mcg 100%	Silica	1 mg *
(as Hydrolyzed Protein Chelate)		Lutemax 2020™ Lutein	950 mcg *
Molybdenum	75 mcg 100%	Lycopene	950 mcg *
(as Hydrolyzed Protein Chelate)		Zeaxanthin	190 mcg *
Greens Blend	360 mg *	(as Zeaxanthin Isomers)	
Barley Grass Powder (<i>Hordeum vulgare</i>), Alfalfa Juice Powder (<i>Medicago sativa</i>), Chlorella Powder (<i>Chlorella vulgaris</i>), Spirulina Powder (<i>Spirulina platensis</i>), Kelp Powder (<i>Ascophyllum nodosum</i>), Wheat Grass Juice Powder (<i>Triticum aestivum</i>)			
Antioxidant Blend	175 mg *		
Green Tea Leaves Extract (<i>Camellia sinensis</i>), Pomegranate Fruit Extract (<i>Punica granatum</i>), Apple Fruit Skin Extract (<i>Malus domestica</i>), White Tea Leaves Extract (<i>Camellia sinensis</i>), Rosemary Leaf Extract (<i>Rosmarinus officinalis</i>), Bilberry Fruit Extract (<i>Vaccinium myrtillus</i>)			
Men's Health Blend	100 mg *		
Pygeum Bark Powder (<i>Pygeum africanum</i>), Pumpkin Seed Meal (<i>Cucurbita pepo</i>), Saw Palmetto Berries (<i>Serenoa repens</i>)			

* Daily Value not established.