

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 60

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as 25% vitamin A palmitate & 75% as beta carotene)	10,000 IU 200%	Chromium (as chromium picolinate)	100 mcg 83%
Vitamin C (ascorbic acid)	300 mg 500%	Molybdenum (as molybdenum citrate)†	2.5 mcg 15%
Vitamin D (as cholecalciferol)	200 IU 50%	Choline (as choline bitartrate)	50 mg +
Vitamin E (as d-alpha tocopheryl acid succinate)	100 IU 333%	Inositol	50 mg +
Vitamin K	30 mcg 40%	Ginger, powdered extract (4:1) (root)	50 mg +
Thiamin (as thiamin hydrochloride)	50 mg 3,333%	Citrus Bioflavonoids	50 mg +
Riboflavin	5 mg 294%	Vanadium (as vanadium citrate)	40 mcg +
Niacin (as niacinamide & niacin)	30 mg 150%	Ginkgo biloba	40 mg +
Vitamin B6 (as pyridoxine hydrochloride)	30 mg 1,500%	Phytosome™ (leaf) (soy)	40 mg +
Folic acid	400 mcg 100%	Fennel, powdered extract (4:1) (seed)	30 mg +
Vitamin B12 (as cyanocobalamin)	400 mcg 6,667%	Licorice, powdered extract (4:1) (root)	30 mg +
Biotin	300 mcg 100%	Athlete Juice, powder (12:1) (leaf)	25 mg +
Parathyroid Acid (as calcium parathyrol)	50 mg 500%	Spirulina algae (Arthrospira platensis), powder	25 mg +
Calcium (as calcium carbonate & calcium citrate)	500 mg 50%	Wheat Grass Juice (Triticum aestivum) powder (leaf)	25 mg +
Iodine (from kelp)	150 mcg 100%	Glutamic Acid HCl	25 mg +
Magnesium (as magnesium oxide & magnesium citrate)	150 mg 38%	Betaine HCl	25 mg +
Zinc (as zinc citrate)	7.5 mg 50%	Black Cohosh powdered extract (4:1) (root)	20 mg +
Selenium (as selenium citrate)	50 mcg 71%	Boron (as boron citrate)	1.5 mg +
Copper (as copper gluconate)	0.75 mg 40%	Silicon (from horsetail)	0.5 mg +
Manganese (as manganese citrate)	7.5 mg 380%	Lutein (from marigold flowers, Tagetes erecta)	0.5 mg +

Other ingredients: Cellulose, stearic acid, magnesium stearate (vegetable grade), croscarmellose sodium.

DIETARY SUPPLEMENT

Women's Plus MultiStart®



Dr. Michael Murray
Formulated

For Perimenopause, Menopause and Post Menopause*

180 Tablets

natural
Factors®

Suggested Usage: Take 3 tablets, 2 times per day with meals or as directed by a health professional. Keep out of reach of children.

Women's Plus MultiStart® is the perfect foundation multiple containing a complete spectrum of nutrients, herbs and antioxidants in the ideal ratio and dosage.* MultiStart® reduces the need for supplemental pills such as calcium and black cohosh, and ensures that correct and balanced levels of important nutrients, herbs and antioxidants are delivered to the body, specific to the nutritional needs of women in perimenopause, menopause and post menopause.*

All Natural Factors products are manufactured in accordance with the Government of Canada's Good Manufacturing Practices (GMP), among the highest standards in the world.

Contains no artificial sweeteners; no dairy or yeast. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

Phytosome™ is a trademark of Indena S.p.A.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA

Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS,
1111-80th St. SW, Ste. 100
Everett WA, USA 98203



Recyclable container.

Purity & Potency
Guaranteed

2 78510 85689 0

