

SUGGESTED USE: As a dietary supplement, adults 2 to 4 tablets one hour before bedtime or as directed by a health professional.

Keep out of reach of children.

OTHER INGREDIENTS: Dicalcium phosphate, cellulose, modified cellulose, stearic acid, natural vanilla flavor, silica, peppermint leaf, magnesium stearate, maltodextrin, polyethylene glycol, lecithin and sodium citrate.

Warning: May cause drowsiness. Do not use when driving a motor vehicle or operating machinery. Do not use if you are taking sedatives or tranquilizers without first consulting a health professional. Not for use by persons under the age of 18.



Lot No./Use By

BRONSON™

No. 570

Sound A Sleep

Dietary Supplement

60 TABLETS

BRONSON LABORATORIES

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	
Valerian Root Powdered Extract (5:1 concentration)(equivalent to 175 mg of valerian root)	35 mg	†
Inositol	50 mg	†
5-Hydroxytryptophan (5-HTP)	35 mg	†
Lemon Balm Powder	20 mg	†
Taurine	15 mg	†
Chamomile Flower Powder	10 mg	†
Chamomile Extract (4:1 concentration)	20 mg	†
Passion Flower (4:1 concentration)	40 mg	†
Scuticap (scutellaria)	30 mg	†
Hops	70 mg	†

† Daily Value not established

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Bronson Laboratories
Lindon, UT 84042
Made in USA

For Consumer Information
Call 1-800-235-3200