

TRULY CLEAN PERFORMANCE

The first 30 minutes immediately after a workout are critical to recovery. Do more to get **back in the game faster** with **Organic Plant-Based Recovery**.[†]

- Jump start muscle repair[†]
- Reduce exercise induced muscle soreness[†]
- Reduce recovery time between training[†]

TRULY CLEAN MEANS



COMPLETE SPORT SYSTEM by GARDEN OF LIFE®, the #1 BRAND in the Natural Products Industry



[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SPORT

NEW

ORGANIC PLANT-BASED RECOVERY



Blackberry Lemonade

VEGAN • GLUTEN FREE • DAIRY FREE • SOY FREE [®]

NET WT. 15.7 oz (446 g) WHOLE FOOD DIETARY SUPPLEMENT

Supplements Facts

Serving Size 1 Scoop (15g)

Servings Per Container Approximately 30

Amount Per Serving	% Daily Value
Calories 60	
Total Fat 0 g	0% ¹
Cholesterol 0 mg	0%
Sodium 20 mg	1%
Potassium 35 mg	1%
Total Carbohydrate 11 g	4% ¹
Dietary Fiber 1 g	4% ¹
Sugars 9 g	
Protein 2 g	4% ¹
Vitamin C* 30 mg	50%
Thiamin* .8 mg	50%
Riboflavin* 1.7 mg	100%
Niacin* 3.5 mg	15%
Vitamin B6* 2 mg	100%
Folate* 70 mcg	15%
Biotin* 65 mcg	20%
Pantothenic Acid* 1.5 mg	15%
Magnesium* 100 mg	25%

Organic Energy Blend 9 g +

Organic Cane Sugar, Organic Orange Juice Powder, Organic Amla Berry (fruit) Extract

Organic USA Pea Protein Blend 3 g +

Organic Pea Protein, Magnesium Amino Acid Chelate

Organic Antioxidant Recovery Blend 1 g +

Organic Apple (fruit pulp), Organic Baobab (fruit), Organic Tart Cherry (fruit), Organic Rooibos Extract, Organic Turmeric (root), Organic Blueberry (fruit), Organic Goji Berry (fruit)

Organic B Vitamin Blend 100 mg +

Organic *Sesbania grandiflora* (leaf), Organic Holy Basil (leaf), Organic Guava (fruit & leaf), Organic Lemon (fruit)

¹ Percent Daily Values are based on a 2,000 calorie diet.

[†]Daily Value not established.

Other ingredients: Organic lemonade flavor, organic blackberry flavor, non-GMO citric acid.

*Naturally occurring nutrients.

Suggested use: Mix 1 level scoop in 8 oz of cold water immediately after workout (scoop included).

Contains No soy, dairy, tree nuts, filler ingredients, nor artificial colors, flavors, sweeteners or preservatives.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children. Store in a cool, dry place. Do not use if safety seal is broken or missing. Packaged by weight not volume. Settling may occur.



We Buy
100% Certified
Renewable
Energy



Recyclable
Bottle

Certified



Corporation

Distributed by Garden of Life LLC

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