



 **friendly-c (esterified vitamin c)**
Suggested Daily Intake: Take one (1) tablet, up to two times daily, preferably with a meal.

 **friendly-c (vitamine c estérifiée)**
Dosage Journalier Recommandé: Prendre 1 comprimé, jusqu'à deux fois par jour, de préférence au cours d'un repas.

 **friendly-c (vitamina c esterificata)**
Consumo Quotidiano Raccomandato: Prendere una (1) compressa, fino a due volte al giorno, preferibilmente con un pasto.

 **friendly-c (verestertes vitamin c)**
Vorgeschlagene tägliche Einnahme: Nehmen Sie bis zu 2x täglich 1 Tablette nach Wahl mit einer Mahlzeit ein.

 **friendly-c (vitamina c esterificada)**
Dosis diaria recomendada: Tomar un comprimido, hasta dos veces al día, de preferencia durante una comida.

 **friendly-c (vitamina c esterificada)**
Dose Diária Recomendada: Tome 1 (um) comprimido até duas vezes por dia, de preferencia durante a refeição.

Warning: Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. Do not use this product if the safety seal on the bottle is broken.

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BIOVEA®

friendly-c
(esterified vitamin c)
time release

guaranteed premium quality

500mg
dietary
supplement

180
tablets



Supplement Facts

Serving Size: One (1) Tablet
Servings Per Container: 180

	Amount Per Serving	% DV
Vitamin C (from calcium ascorbate, ascorbyl palmitate)	500mg	833%
Thiamin (from thiamin hydrochloride)	0.75mg	50%
Riboflavin	0.85mg	50%
Niacin (as niacinamide)	10mg	50%
Vitamin B6 (from pyridoxine hydrochloride)	1mg	50%
Folic Acid	200mcg	50%
Vitamin B12 (cyanocobalamin)	3mcg	50%
Biotin	150mcg	50%
Calcium (from calcium ascorbate)	50mg	5%
Zinc (from zinc oxide)	7.5mg	50%
Citrus Bioflavonoid Complex (may be derived from lemon, orange, lime, tangerine)	200mg	*

*Daily Value (DV) not established.

Other Ingredients: Cellulose, hypromellose, stearic acid, dibasic calcium phosphate, silica, natural food glaze, methylcellulose, magnesium stearate, glycerin.

No yeast, wheat, corn, milk, egg, soy, glutens, artificial colours or flavours, added sugar, starch or preservatives.

Manufactured for: BIOVEA®
7702 East Doubletree Ranch Rd. Suite 300, #307 • Scottsdale AZ 85258
1-800-961-4750 • www.biovea.com

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