

Supplement Facts

Serving Size: 1 scoop (19g)
Servings Per Container: 45

	Amount Per Serving	% DV
Calories	40	
Total Carbohydrate	10g	3%**
Vitamin C (as Ascorbic Acid)	250mg	417%
Niacin (as Niacinamide)	20mg	100%
Calcium	65mg	7%

Royal Sport™ Castle™ Blend 15.325g †
Maltodextrin, Micronized Creatine Monohydrate, Beta Alanine, Arginine HCl, L-Citrulline, Agmatine Sulfate

Energy Blend 398mg †
Caffeine Anhydrous (200mg), N-Acetyl-L-Tyrosine, Amla fruit extract, Yohimbe (*Pausinystalia yohimbe*) bark extract, *Rauwolfia vomitoria* root bark extract

**Percent Daily Values (% DV) are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Citric Acid, Natural & Artificial Flavors, Calcium Silicate, Silicon Dioxide, Sucralose, Acesulfame Potassium, FD&C Red Lake #40.



Royal Sport™ and Castle™ are trademarks of and distributed by:

Nutrabolt™

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ROYAL SPORT™ CASTLE™ IS A VERY POWERFUL PRE-WORKOUT SPECIFICALLY FORMULATED TO GIVE INTENSE ENERGY, DELIVER INSANE PUMPS, BOOST MUSCULAR ENDURANCE, AND PROMOTE STRENGTH!*

5g⁺ CREATINE
400mg⁺ CAFFEINE
20g⁺ CARBOHYDRATES

‡ PER 2 SCOOP MAX DAILY SERVINGS

EVERY CASTLE WAS BUILT FOR STRENGTH. USE ROYAL SPORT™ CASTLE™ TO BUILD YOURS. FOR OPTIMAL RESULTS, STACK ROYAL SPORT™ CASTLE™ WITH ROYAL SPORT CHARGE™ AND ROYAL SPORT TEST™.

SUGGESTED USE: DO NOT EXCEED RECOMMENDED DAILY INTAKE. USE ONLY AS DIRECTED. Take one serving (1 scoop) of Royal Sport™ Castle™, mixed with 8 fl. oz. of water 20-30 minutes before exercise. Once tolerance has been assessed and you are looking for an additional boost of energy, take one additional serving (1 scoop) with serving taken before exercise. DO NOT EXCEED 2 SCOOPS PER DAY. **Some individuals may experience a harmless tingling sensation, which is attributed to beta alanine.**

WARNING: THIS PRODUCT IS ONLY INTENDED TO BE CONSUMED BY HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. Do not use this product if you are pregnant or nursing. Before using this product, consult a licensed, qualified, health care professional, including but not limited to, if: you are taking antidepressants such as a MAOI (Monoamine Oxidase Inhibitor) or SSRI, blood thinners, nonsteroidal anti-inflammatory drugs, pseudoephedrine, or you are taking any other dietary supplement, prescription drug or over-the-counter medication; or if, you suspect you have or have been treated for, diagnosed with or have a family history of, any medical condition, including but not limited to: high or low blood pressure, diabetes, anxiety, cardiovascular, psychiatric or seizure disorders, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, or difficulty urinating due to prostate enlargement. This product contains caffeine and should not be used by individuals wishing to eliminate caffeine from their diet or in combination with caffeine or stimulants from other sources, including but not limited to, coffee, tea, soda, or other dietary supplements and medications. Discontinue use 2 weeks prior to surgery. Immediately discontinue use and contact a medical doctor if you experience any adverse reaction to this product. Do not use if safety seal is broken or missing. Store in a cool dry place. KEEP OUT OF REACH OF CHILDREN.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*



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ROYAL SPORT
CASTLE™

**POWERFUL
PRE-WORKOUT**
INSANE PUMPS* INTENSE ENERGY*
PROMOTES STRENGTH*

FRUIT PUNCH
NATURALLY & ARTIFICIALLY FLAVORED

45 SERVINGS

DIETARY
SUPPLEMENT

Net. Wt. 855g
(30.15 oz.)