

For over 35 years, it has been my goal to help you feel better safely & naturally. Formulated by myself. **Crystal Star products are the best choice.**

Linda Page, Ph.D.,
Traditional Naturopath



GMP
QUALITY
ASSURED

This product has been manufactured at a GMP registered facility certified by the NSF (The Public Health and Safety Company)

Directions:

Take 2 capsules twice daily for 2-4 months.
Rest 1 month before resuming, if needed.

100% Satisfaction Guaranteed

Store in a Cool Dry Place (59 - 86° F)

LOT#

EXP:

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Crystal Star™
for the whole person™

Fibro Defense™

Supports normalized breast and uterine health.
Helps reduce swelling and minimize discomfort.**

GINGER
circulatory support**

PAU D'ARCO
antibacterial &
cleansing**

BLACK COHOSH
encourages
estrogen balance**

MAITAKE MUSHROOM
immune support
& strength**



Dietary Supplement

150 Vegetarian Capsules

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 75

	Amount Per Serving	% Daily Value
Proprietary herbal blend	1300mg	*

Ginger (Root), Pau D'arco (Bark), Goldenseal (Root), Wild Yam Mexican (Root), Watercress (Leaf), Burdock (Root), Dandelion (Root), Black Cohosh (Root), Dandelion (Leaf), Cordyceps Sinensis Mushroom, Dong Quai (Root), Protease, Ashwagandha (Root), Licorice (Root), Red Raspberry (Leaf), Yellow Dock (Root), Bladderwrack Plant, Maitake Mushroom, Kelp

* Daily Value not established

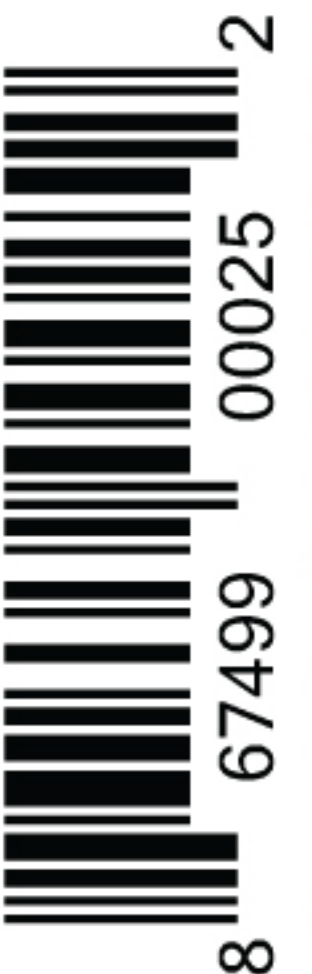
Other ingredients: Certified Organic Brown Rice and Vegetarian Capsule (vegetable cellulose and water)

Manufactured for Healthy Healing Enterprises LLC™
9821 Valley View Rd, Eden Prairie, MN 55344
(800) 736-6015 | www.HealthyHealing.com

Note: Do not use if the tamper proof seal is damaged. Do not use if pregnant or nursing. Consult a health care professional if you have any pre-existing medical conditions or are taking any prescription medications. Keep out of reach of children.

SINCE
1978

Prod #4347



REV 6/17