

For over 35 years, it has been my goal to help you feel better safely & naturally. Formulated by myself. **Crystal Star products are the best choice.**

Linda Page, Ph.D.,
Traditional Naturopath



GMP
QUALITY
ASSURED

This product has been manufactured at a GMP registered facility certified by the NSF (The Public Health and Safety Company)

Directions:

Take 2 capsules daily for 3 months. May be taken daily for 2-6 months.

100% Satisfaction Guaranteed

Store in a Cool Dry Place (59 - 86° F)

LOT#

EXP:

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Crystal Star™
for the whole person™

Female Harmony™

Supports the normalization of estrogen/progesterone ratio. Promoting the reduction of mood swings, water retention, nausea, tension and headaches.**

DONG QUAI
promotes estrogen balance**

DAMIANA supports hormone balancing, mood and libido**

BURDOCK ROOT
encourages hormone metabolism**

ANGELICA ROOT
cramp support**



SINCE
1978

Dietary Supplement

90 Vegetarian Capsules

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 45

	Amount Per Serving	% Daily Value
Proprietary herbal blend	1300mg	*

Dong Quai (Root), Damiana (Leaf), Burdock (Root), Jiaogulan (Herb), Nettle (Leaf), Licorice (Root), Sarsaparilla (Root), Red Raspberry (Leaf), Oat Straw Avena Sativa, Ashwagandha (Root), Maca (Root), Peony (Root) (White), Angelica (Root), Rosemary (Leaf), Yellow Dock (Root), Dandelion (Root), Rose Hips, Fennel (Seed), Ginger (Root), Hawthorn (Berry), Dulse (Leaf), Hijiki (Algae), Rehmannia (Root), Chamomile (Flower), Cinnamon (Bark), Hawthorn (Leaf) & (Flower)

* Daily Value not established

Other ingredients: Certified Organic Brown Rice and Vegetarian Capsule (vegetable cellulose and water)

Manufactured for Healthy Healing Enterprises LLC™
9821 Valley View Rd, Eden Prairie, MN 55344
(800) 736-6015 | www.HealthyHealing.com

Note: Do not use if the tamper proof seal is damaged or missing. Do not use if pregnant or nursing. Consult a health care professional prior to consumption if you have any pre-existing medical conditions or are taking any prescription medications. Warning: Keep out of reach of children.

SINCE
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Prod #2290



REV 6/17