For over 35 years, it has been my goal to help you feel better safely & naturally. Formulated by myself. **Crystal Star** products are the best choice.

**Linda Page, Ph.D,**Traditional Naturopath





This product has been manufactured at a GMP registered facility certified by the NSF (The Public Health and Safety Company)

### **Directions:**

Take 2 capsules daily for 3 months. May be taken daily for 2-6 months.

100% Satisfaction Guaranteed

Store in a Cool Dry Place (59 - 86° F)

### LOT#

#### EXP:

\*\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# Female Harmony<sup>™</sup>

Supports the normalization of estrogen/progesterone ratio. Promoting the reduction of mood swings, water retention, nausea, tension and headaches.\*\*

### **DONG QUAI**

promotes estrogen balance\*\*

DAMIANA supports hormone balancing, mood and libido\*\*

## BURDOCK ROOT

encourages hormone metabolism\*\*

ANGELICA ROOT cramp support\*\*



SINCE 1978

**Dietary Supplement** 

60 Vegetarian Capsules

# **Supplement Facts**

Serving Size: 2 capsules Servings Per Container: 30

Amount Per % Daily Serving Value

Proprietary herbal blend 1300mg

Dong Quai (Root), Damiana (Leaf), Burdock (Root), Jiaogulan (Herb), Nettle (Leaf), Licorice (Root), Sarsaparilla (Root), Red Raspberry (Leaf), Oat Straw Avena Sativa, Ashwagandha (Root), Maca (Root), Peony (Root) (White), Angelica (Root), Rosemary (Leaf), Yellow Dock (Root), Dandelion (Root), Rose Hips, Fennel (Seed), Ginger (Root), Hawthorn (Berry), Dulse (Leaf), Hijiki (Algae), Rehmannia (Root), Chamomile (Flower), Cinnamon (Bark), Hawthorn (Leaf) & (Flower)

\* Daily Value not established

Other ingredients: Certified Organic Brown Rice and Vegetarian Capsule (vegetable cellulose and water)

Manufactured for Healthy Healing Enterprises LLC™ 9821 Valley View Rd, Eden Prairie, MN 55344 (800) 736-6015 | www.HealthyHealing.com

Note: Do not use if the tamper proof seal is damaged or missing. Do not use if pregnant or nursing. Consult a health care professional prior to consumption if you have any pre-existing medical conditions or are taking any prescription medications. Warning: Keep out of reach of children.

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