

DIRECTIONS FOR USE

Adults: 4 tablets per day.

Either take 4 tablets first thing in the morning or split into 2 doses, in the morning and later in the day.

Xtend-Life™ Total Balance

Women's is a complete nutrient system, containing a broad range of nutrients to support female health* and wellness*.

Store in a cool, dry place.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Batch number:

Manufactured:

Use by date:



xtendlife™

total balance women's dietary supplement

Comprehensive Nutrient System



ADVANCED FORMULA
ENTERIC COATED

120 TABLETS

Supplement Facts

Serving size: 4 Tablets
Servings per container: 30

Amount Per Serving %DV

Calories	15	
Calories from Fat	5	
Total Carbohydrate	1 g	<1%*
Dietary Fiber	1 g	4%*
Protein	1 g	2%*
Vitamin A (from Natural Mixed Carotenoids)	5000 IU	100%
Vitamin C (as Calcium Ascorbate, Potassium Ascorbate, Ascorbyl Palmitate)	193 mg	322%
Vitamin D (as Cholecalciferol)	500 IU	125%
Vitamin E (from D-Alpha Tocopheryl Succinate & Tocotrienol/Tocopherol Complex (from African Oil Palm))	102 IU	340%
Vitamin K (as Menquinone-4)	180 mcg	225%
Thiamin (as Thiamin HCl)	12 mg	800%
Riboflavin (as Riboflavin-5-Phosphate)	10 mg	588%
Niacin (as Nicotinic Acid & Niacinamide)	26 mg	130%
Vitamin B6 (as Pyridoxal-5-Phosphate)	8 mg	400%
Folic Acid	323 mcg	81%
Vitamin B12 (as Cobamamide)	25 mcg	417%
Biotin	400 mcg	133%
Pantothenic Acid (as Calcium Pantothenate)	41 mg	410%
Calcium (from Red Algae (Lithothamnium species), Calcium Ascorbate, Dicalcium Phosphate, Calcium Magnesium Inositol Hexaphosphate, Calcium Pantothenate)	72 mg	7%
Phosphorus (as Calcium Magnesium Inositol Hexaphosphate, Dicalcium Phosphate, Pyridoxal-5-Phosphate, Riboflavin-5-Phosphate)	21 mg	2%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Hydroxide (from Sea Water), Magnesium Stearate, Calcium Magnesium Inositol Hexaphosphate)	68 mg	17%
Zinc (as Zinc Citrate)	9 mg	60%
Selenium (as L-Selenomethionine)	100 mcg	143%
Manganese (as Manganese Citrate)	2 mg	100%
Chromium (as Chromium Picolinate)	106 mcg	88%

Amount Per Serving %DV

Molybdenum (as Molybdenum Glycinate)	64 mcg	85%
MSM (Methylsulfonyl Methane)	100 mg	**
Choline Bitartrate	93 mg	**
Green Tea Leaf Extract	60 mg	**
Inositol (as Inositol & Inositol Hexaphosphate)	59 mg	**
Bacopa Leaf Extract	50 mg	**
Nigella Seed Extract	50 mg	**
PABA (p-Aminobenzoic Acid)	50 mg	**
Soy Lecithin	50 mg	**
Alpha Lipoic Acid	49 mg	**
Betain HCl	49 mg	**
Ginkgo Leaf Extract	40 mg	**
Horsetail Leaf & Stem Extract	40 mg	**
Beta Glucan (from Yeast)	35 mg	**
Dimethylglycine HCl	30 mg	**
Mineral Sea Salts	30 mg	**
N-Acetyl L-Cysteine	29 mg	**
N-Acetyl Glucosamine	29 mg	**
Turmeric Root Extract	25 mg	**
SAME (from 28 mg of S-Adenosylmethionine Tosylate)	15 mg	**
Coenzyme Q-10	14 mg	**
Alfalfa Leaf & Stem Extract	10 mg	**
Isoflavones (from Soybean)	10 mg	**
Luteolin (from Peanut Shell)	9 mg	**
Piperine (from Black Pepper)	9 mg	**
Trans-Resveratrol (from Japanese Knotweed Root)	7 mg	**
ATP (from Yeast)	5 mg	**
Red Clover Leaf & Stem Extract	5 mg	**
Policosanol (from Sugar Cane)	4 mg	**
Tocotrienol/Tocopherol Complex (EVNolMax® from African Oil Palm)	1.9 mg	**
Lycopene (from Tomato)	900 mcg	**
Boron (as Boron Citrate)	600 mcg	**
Amino Acid Blend	425 mg	
L-Histidine HCl		**
L-Tyrosine		**
L-Arginine HCl		**
L-Methionine		**
L-Carnosine		**
Reduced Glutathione		**
Female Health Support Blend	340 mg	
Dong Quai Root Extract		**
Feverfew Leaf Extract		**
Chinese Yam Root Extract		**

Amount Per Serving %DV

Chasteberry Fruit Extract		**
Enzyme Blend	125 mg	
Bromelain (from Pineapple Stem)		**
Nattozymes Protease (from Aspergillus oryzae & Aspergillus melleus)		**
Amylase (from Aspergillus oryzae)		**
Lipase (from Aspergillus niger)		**
Eye Health Blend	13 mg	
Rutin (from Japanese Sophora Bud)		**
Lutein (from Aztec Marigold Flower)		**
Astaxanthin (from Haematococcus pluvialis)		**
Zeaxanthin (from Aztec Marigold Flower)		**

* Percent daily values (DV) are based on a 2000 calorie diet

** Daily value (DV) not established

Other Ingredients: Microcrystalline Cellulose, Dextrose, Enteric Coating (Purified Water, Ethylcellulose, Ammonium Hydroxide, Medium Chain Triglycerides, Oleic Acid, Sodium Carboxymethyl Cellulose, Talc, Polydextrose), Maltodextrin, Tripotassium Citrate, Sodium Carboxymethyl Cellulose, Silicon Dioxide.

Contains soy, peanut.
Does not contain gluten, dairy or shellfish.

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