




BLACK COHOSH


Actaea racemosa



Supports
Menopausal Changes*

2 fl. oz. (60 mL)
HERBAL SUPPLEMENT

HERBALIST
H&A
ALCHEMIST



Suggested use: 10-20 drops (0.5-1 mL) in juice or water. Take 3 times per day. Shake well before using.

Contraindications: Do not use during pregnancy unless otherwise directed by a qualified expert.

KEEP OUT OF CHILDREN'S REACH

Supplement Facts

Serving size 20 drops (1 mL)
Servings per container 60

Amount Per Serving

Fresh Black Cohosh root ♦
extract 1 mL†

† Daily value not established.

Other ingredients: Ethyl alcohol ♦,
distilled water.

Botanical Preparation Ratio 1:2
♦ Certified Organic

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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Best By: 10/19



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