

For over 35 years, it has been my goal to help you feel better safely & naturally. Formulated by myself. **Crystal Star products are the best choice.**

Linda Page, Ph.D.,
Traditional Naturopath



GMP
QUALITY
ASSURED

This product has been manufactured at a GMP registered facility certified by the NSF (The Public Health and Safety Company)

Directions: Take 2 capsules, 2 times daily for 2-3 weeks. Best used alone, not with other formulas, except vitamin C or a multivitamin, during your detox.

100% Satisfaction Guaranteed

Store in a Cool Dry Place (59 - 86° F)

LOT#
EXP:

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Crystal Star™
for the whole person™

Mood Lift™

Supports the body in rebuilding resistance against depressive reactions.
Encourages rebalancing the body and mind to support better health.**

ST. JOHN'S WORT
support for mild to moderate symptoms**

KAVA KAVA
encourages soothing of frazzled nerves**

SKULLCAP
promotes calming anxiety and irritability**

ROSEMARY
supports sharper focus and memory**



Dietary Supplement

60 Vegetarian Capsules

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Proprietary herbal blend	1300mg	*

St John's Wort (Herb), Kava Kava (Root), Ashwagandha (Root), American Ginseng (Root), Siberian Ginseng (Root), Skullcap (Herb), Rosemary (Leaf), Rhodiola Rosea (Root), Wood Betony (Herb), Foti (Root), Ginger (Root), Lady Slipper (Root)

* Daily Value not established

Other ingredients: Certified Organic Brown Rice and Vegetarian Capsule (vegetable cellulose and water)

Manufactured for Healthy Healing Enterprises LLC™
9821 Valley View Rd, Eden Prairie, MN 55344
(800) 736-6015 | www.HealthyHealing.com

Note: Do not use if the tamper proof seal is damaged or missing. Products containing Kava Kava Root are not recommended for use by persons under the age of 18. If pregnant, nursing, or taking a prescription drug, consult a health care practitioner prior to use. Do not exceed recommend dose. Excessive consumption may impair ability to drive or operate heavy equipment. Not recommended for consumption with alcoholic beverages. Warning: Keep out of reach of children.

SINCE
1978

Prod #1985



REV 6/17