For over 35 years, it has been my goal to help you feel better safely & naturally. Formulated by myself. Crystal Star products are the best choice.

Linda Page, Ph.D, Traditional Naturopath





This product has been manufactured at a GMP registered facility certified by the NSF (The Public Health and Safety Company)

Directions: Take 1-2 capsules daily for 4-6 months. May open and use in juice or water. Rest one month before resuming if desired. 100% Satisfaction Guaranteed

Store in a Cool Dry Place (59 - 86° F)

LOT#

EXP:

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Crysical Star

Focused Chic

Supports improved mental focus and helps stabilize mood swings and hyper behavior.**

CHAMOMILE

promotes gentle calming and relaxation**

LEMON BALM helps soothe irritability and anxiety**

BACOPA MONNIERI

supports mental performance and memory**

VALERIAN promotes restful sleep**





Supplement Facts

Serving Size: 2 capsules Servings Per Container: 30

Amount Per % Daily Servina Proprietary herbal blend

1300mg

Chamomile (Flower), Catnip (Herb), Skullcap (Herb), Bacopa Monnieri (Leaf), Lemon Balm, Gotu Kola Aerial, Hawthorn (Leaf & Flower), Licorice (Root), Valerian (Root), Wild Lettuce, Lobelia (Leaf), Passion Flower (Herb)

* Daily Value not established

Other ingredients: Certified Organic Brown Rice and Vegetarian Capsule (vegetable cellulose and water)

Manufactured for Healthy Healing Enterprises LLC™ 9821 Valley View Rd, Eden Prairie, MN 55344 (800) 736-6015 | www.HealthyHealing.com

Note: Do not use if the tamper proof seal is damaged or missing. Do not use if pregnant or nursing. Consult a health care professional prior to consumption if you have any pre-existing medical conditions or are taking any prescription medications.

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Dietary Supplement

60 Vegetarian Capsules

Prod #1010