



CERTIFIED ORGANIC WHOLE FOOD

mykind
ORGANICS



WOMEN'S ONCE DAILY

WHOLE FOOD MULTIVITAMIN

30 Vegan Tablets

Whole Food Dietary Supplement

Suggested Use: Adults take 1 tablet daily with food.
Not intended for children.

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin A (as Beta Carotene from Organic Food Blend)	5,250 IU	110%
Vitamin C (from Organic Food Blend)	60 mg	100%
Vitamin D (D3 from Lichen)	1,000 IU	250%
Vitamin E (from Organic Food Blend)	30 IU	100%
Vitamin K (K Complex with K2 MK-7)	80 mcg	100%
Thiamin (Vitamin B1 from Organic Food Blend)	2 mg	130%
Riboflavin (Vitamin B2 from Organic Food Blend)	2 mg	130%
Niacin (from Organic Food Blend)	26 mg	100%
Vitamin B6 (from Organic Food Blend)	10 mg	500%
Folate (from Organic Food Blend)	420 mcg	110%
Vitamin B12 (Methylcobalamin from Sacharomyces cerevisiae)	12 mcg	240%
Biotin (from Organic Food Blend)	315 mcg	110%
Pantothenic Acid (from Organic Food Blend)	10 mg	100%
Calcium (from Organic Food Blend)	5 mg	2%
Iron (from Organic Food Blend)	2 mg	10%
Magnesium (from Organic Food Blend)	2 mg	2%
Zinc (from Organic Food Blend)	5 mg	38%
Selenium (from Organic Food Blend)	74 mcg	110%
Manganese (from Organic Food Blend)	1.5 mg	80%
Chromium (from Organic Food Blend)	127 mcg	110%

Certified Organic Food Blend

Organic Setaria grandiflora (leaf), Organic Guava (fruit & leaf), Organic Curry
Mungo-kawaji (leaf), Organic Apple (fruit), Organic Amla Berry (fruit), Organic
Holy Basil (leaf), Organic Amaranth (fruit & seed), Organic Moringa (leaf), Organic
Lemon (fruit), Organic Beet (root), Organic Broccoli (leaf & flower), Organic
Lentils (seeds), Organic Moringa (leaf), Organic Moringa (seed), Organic Carrot
(root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Strawberry (fruit),
Organic Cherry (fruit), Organic Blackberry (fruit), Organic Green Bell Pepper
(fruit), Organic Brussels Sprout (leaf), Organic Ginger (root), Organic Blueberry
(fruit), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Raspberry
(fruit), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red
Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (ground), Organic Celery
(stalk), Organic Asparagus (flower & stem)

* Daily Value not established.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children.
Store in a cool, dry place.
Do not use if safety seal is broken or missing.
Contains no artificial colors or preservatives.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.



We Buy
100% Certified
Non-GMO
Ingredients



GLAD RECIPE

Distributed by
Garden of Life LLC

4200 Northcorp Parkway
Palm Beach Gardens, FL 33419 USA
Made in the U.S.A. from foods
grown in the U.S.A. and
other countries.

www.gardenoflife.com

Certified Organic by QCS

www.organicmulti.com

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Other Ingredients: Clean Tablet Technology™ Blend (patent pending):
Organic Doansea, Organic Gum Arabic, Organic Green Tea Concentrate &
Extract, Organic Pectin, Starch, Organic Gelatin (Organic Tapioca Maltodextrin,
Organic Sunflower Lecithin, Organic Palm Oil, Organic Gaur Gum).



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