

For over 35 years, it has been my goal to help you feel better safely & naturally. Formulated by myself. **Crystal Star products are the best choice.**

Linda Page, Ph.D.,
Traditional Naturopath



GMP
QUALITY
ASSURED

This product has been manufactured at a GMP registered facility certified by the NSF (The Public Health and Safety Company)

Directions:

Take 2 capsules, 2-3 times daily as needed to relax.

100% Satisfaction Guaranteed

Store in a Cool Dry Place (59 - 86° F)

LOT#
EXP:

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Crystal Star™
for the whole person™

Relax™

Non-addictive relief from stress.
Supports the reduction of nervous anxiety.**

SKULLCAP
supports nervous system, helps anxiety**

BLACK HAW
encourages anxiety relief**

ASHWAGANDHA ROOT
may help alleviate feelings of chronic stress**

WOOD BETONY
Promotes stress reduction**



SINCE
1978

Dietary Supplement

60 Vegetarian Capsules

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Proprietary herbal blend	1300mg	*
Ashwagandha (Root), Skullcap (Herb), Kava Kava (Root), Black Haw (Root), Hops Flower, Wood Betony (Herb), Black Cohosh (Root), Valerian (Root), Lobelia (Leaf), Oatstraw (Herb), European Mistletoe		

* Daily Value not established

Other ingredients: Certified Organic Brown Rice and Vegetarian Capsule (vegetable cellulose and water)

Manufactured for Healthy Healing Enterprises LLC™
9821 Valley View Rd, Eden Prairie, MN 55344
(800) 736-6015 | www.HealthyHealing.com

Note: Do not use if the tamper proof seal is damaged. Products containing Kava Kava Root are not recommended for use by persons under the age of 18. If pregnant, nursing, or taking a prescription drug, consult a health care practitioner prior to use. Do not exceed recommend dose. Excessive consumption may impair ability to drive or operate heavy equipment. Not recommended for consumption with alcoholic beverages. Keep out of reach of children.

SINCE
1978

Prod #3810



REV 6/17