For over 35 years, it has been my goal to help you feel better safely & naturally. Formulated by myself. Crystal Star products are the best choice.

Linda Page, Ph.D, Traditional Naturopath



This product has been manufactured at a GMP registered facility certified by the NSF (The Public Health and Safety Company)

Directions:

Take 2 capsules about a 1/2 hour before retiring.

100% Satisfaction Guaranteed

Store in a Cool Dry Place (59 - 86° F)

LOT#

EXP:

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Crysical Star

Night Caps^m

Encourages higher quality of calming rest and sleep without morning drowsiness.**

PASSION FLOWER

encourages restful sleep**

LEMON BALM supports the reduction of stress and anxiety** **GABA**

supports a calming feeling**

L-THEANINE encourages tranquil feelings** **SINCE 1978**



Supplement Facts

Serving Size: 2 capsules Servings Per Container: 30

Amount Per % Daily Serving Value

Proprietary herbal blend 1300mg *

Passion Flower Extract (Powered),

Lemon Balm, GABA, L-Theanine, Grape Seed

* Daily Value not established

Other ingredients: Certified Organic Brown Rice and Vegetarian Capsule (vegetable cellulose and water)

Manufactured for Healthy Healing Enterprises LLC™ 9821 Valley View Rd, Eden Prairie, MN 55344 (800) 736-6015 | www.HealthyHealing.com

Note: Do not use if the tamper proof seal is damaged or missing. If pregnant, nursing, or taking a prescription drug, consult a health care practitioner prior to use. Do not exceed recommended dose. Excessive consumption may impair ability to drive or operate heavy equipment. Not recommended for consumption with alcoholic beverages. Warning: Keep out of reach of children.

Prod #3455

SINCE

1978

